













## Who is covered in Washington's Medicaid Program?

### ELIGIBILITY GROUPS

#### FFS<sup>1-4</sup>

#### MCO<sup>5-13</sup>

Undocumented Immigrants*			Children (0-18 years)
Incarcerated**			Current & Former Foster Care Children
			Parents and other Caretaker Relatives
			Pregnant Women
			Aged, Blind, and Disabled Adults
			Dual Eligibles
			Disabled Children
			Newly Eligible Adults
			Qualified Non-Citizens <sup>+</sup>
			American Indians/Alaskan Natives <sup>++</sup>

Enrollment in Washington MMCOs varies by geographic region.

\* Covered through three programs: Alien Emergency Medical, Alien Medical for Dialysis and Cancer Treatment, and the Alien Nursing Facility Program.

\*\* Acute inpatient hospitalization covered only.

+ Qualified non-citizens are subject to a 5-year waiting requirement, except for children up to 19 years of age and pregnant women.

++ Voluntary enrollment into primary care case management (PCCM) or an MCO.

## Important News

**March 2016** - Washington state legislature agrees to increase state mental health spending, allocating \$40 million of the state budget for community mental health treatment, loan repayment for mental health professionals, and new rates at hospital psychiatric units.<sup>15</sup>

**April 2016** - Two Washington counties completely integrate their Medicaid services, managing the physical and mental health and chemical dependency services for its residents. The rest of the state is expected to make the transition by 2020.<sup>16</sup>

**May 2016** - A federal judge orders that Apple Health must offer Hepatitis C drugs to all of its enrollees. Previously, only patients with severe liver scarring were eligible.<sup>17</sup>

**January 2017** - CMS offers to extend Washington's dual demonstration by two additional years through 2020. Massachusetts and Minnesota were also offered the extension. CMS hopes the extra time will provide a better analysis of the success of the program.<sup>18</sup>

**June 2017** - Due to a lawsuit against the Washington Medicaid program, the state will begin to increase the level of in-home nursing care for eligible Medicaid enrollees.<sup>19</sup>



## Medicaid Medical Director's Network

The state of Washington fully integrated physical health and behavioral health financing in the Southwest region of the State.

## Do Medicaid health plans provide coverage?<sup>20</sup>

YES  NO

- Amerigroup Washington, Inc.
- Community Health Plan of Washington
- Coordinated Care Corporation
- Molina Healthcare of Washington, Inc.
- UnitedHealthcare Community Plan of Washington

## How has Washington's Medicaid program engaged in Managed Care?

### SECTION 1115 WAIVERS<sup>21</sup>

**Family Planning Only Program** was created to provide a limited family planning benefit package to women and men of childbearing age up to 250% of the federal poverty level (FPL) who are otherwise ineligible for Medicaid and CHIP.

APPROVAL:  
3/6/2001

EFFECTIVE:  
7/1/2001

EXPIRATION:  
6/30/2023

**The Washington Medicaid Transformation Project** was created to implement Delivery System Reform Incentive Payments (DSRIP) to Accountable Communities of Health and Managed Care Organizations, and provide support to unpaid caregivers serving Medicaid Alternative Care (MAC) enrollees. An amendment was submitted on 3/13/2018 to expand access to SUD treatment resources for beneficiaries. As of June 2018, the waiver was still pending.

APPROVAL:  
3/6/2001

EFFECTIVE:  
7/1/2001

EXPIRATION:  
12/31/2021





# WASHINGTON MEDICAID FACTS

## How is Washington meeting the needs of Medicaid enrollees?

### Value-Based Healthcare Initiatives

Washington Healthcare Improvement Network (WHIN) offers services to primary care clinicians and practice teams to develop health/medical homes, manage care for patients with multiple chronic conditions and improve care transitions. WHIN also serves:<sup>22</sup>

- Behavioral health teams that plan to collaborate with primary care
- Care/case managers or coordinators who are part of a health/medical home team
- Pharmacists that plan to collaborate with primary care
- Naturopathic doctors and consultant specialty providers on a case-by-case basis

Washington provides episode of care payments for joint replacements and has begun requesting information from providers on types of episode of care services they can offer. The Health Care Authority of the state intends to procure at least one new bundled episode of care to offer as a benefit starting in 2019.<sup>23</sup>

Washington currently has a Delivery System Reform Incentive Payment (DSRIP) program, authorized through federal Medicaid Section 1115 waiver. The goal of the program is to transform Medicaid delivery through Accountable Communities of Health (ACH) through:<sup>24</sup>

- Improvement in data analytics and workforce development
- Requiring that 90% of Medicaid care to be purchased via value-based payment by 2021
- Redesigning care delivery with more integration and community linkages
- Having a prevention focus

Apple Health offers health home services for enrollees of all ages, including Medicaid/Medicare dual eligibles who have at least one chronic condition and are considered at risk of poor health outcomes in the future based on age, sex, and diagnoses. Care Coordinators provide:<sup>25</sup>

- Transition planning to ensure appropriate follow-up services for those transitioning from settings such as a hospital, nursing facility, or behavioral health treatment centers
- Health education and care coordination to increase client and family knowledge of care needs, promote engagement, and self-management capabilities
- Social service connections for which your client may be eligible such as housing, transportation, education, supported employment, recovery services, peer supports, etc.
- Appointment assistance to help clients learn and better understand how to get the most out of their time with their clinician



### Family Planning

The Washington Take Charge family planning waiver covers the following services:<sup>26</sup>

- Family planning education and risk reduction counseling
- All FDA approved birth control methods including: pills, patches, rings, shots, IUDs, implants, diaphragms, cervical caps, condoms, spermicides (foam, cream, and gels), and emergency contraception
- Education and supplies for natural family planning and abstinence
- Permanent methods: tubal ligations, hysteroscopic sterilization, and vasectomy
- Limited screening and treatment for sexually transmitted infections/diseases ( STIs/STDs)
- Screening for cervical cancer and a well woman physical exam
- Office visits directly related to a family planning problem when medically necessary

Apple Health will cover an annual exam, as well as the following birth control methods:<sup>27</sup>

- Condoms
- Birth control pills
- Contraceptive Ring
- Diaphragm
- Depo Provera Shot
- Vasectomy
- Emergency contraception pills
- Vaginal Ring
- Contraceptive Implant (Implanon)
- IUD
- Tubal ligation



### Oral Health<sup>28</sup>

Washington's Medicaid program, Apple Health, covers the following dental services for all of its members:

- Routine exams
- Cleaning
- X-rays
- Fillings
- Fluoride application
- Extractions

Enrollees under the age of 21 are also eligible to receive limited orthodontic services when medically necessary and with prior authorization.

Adults age 21 and older are also covered for these services under Apple Health:

- Periodontal (gum disease)
- Endodontic (root canal)
- Dentures/Partials
- Oral surgery

But do not have coverage for:

- Bridges
- Implants
- Crowns

Enrollees who are eligible for Medicaid through the Division of Developmental Disabilities have access to the following services, in addition to those listed for adults:

- Topical fluoride - three times per year
- Sealants - covered for posterior teeth
- Crowns - stainless steel only, covered for posterior teeth with supporting documentation







# WASHINGTON MEDICAID FACTS

## How is Washington meeting the needs of Medicaid enrollees?

### Mental Health and Substance Use Disorder

Medicaid enrollees under Apple Health are eligible for the following behavioral health services:<sup>29</sup>



- Inpatient care



- Outpatient community care



- Psychiatric visits



- Medication management



- Substance use disorder (SUD) detoxification

- SUD diagnostic assessment

- SUD residential treatment

- SUD outpatient treatment

- Covered drug therapies: methadone, naloxone, naltrexone, Acamprosate, and disulfiram<sup>30</sup>



### Women's Health

Covered services include:

- One manual breast pump per lifetime<sup>31</sup>
- Alcohol and drug assessment
- Alcohol and drug treatment
- Deliveries provided by a licensed midwife, nurse midwife or physician and planned home births and births in birthing centers or hospitals<sup>31</sup>
- After delivery, 10 months of family planning coverage<sup>31</sup>
- **First Steps** (maternity and infant care) is a program that helps low-income pregnant women access health and social services<sup>31</sup> and covers a variety of services for pregnant women and their infants including:<sup>32</sup>

- Prenatal care
- Medical, vision, and dental care
- Delivery
- Post-pregnancy follow-up
- One year of family planning services post pregnancy
- One year of full medical for newborns
- **Maternity Support Services** during pregnancy and 60 days postpartum:<sup>32</sup>

- Pregnancy and parenting information
- Screening for possible pregnancy risk factors
- Brief solution-based counseling for identified risk factors
- Referral to community resources

- **Infant Case Management:** can start any time after **Maternity Support Services** ends (usually when the baby is about 3 months old) and can continue up to the last day of the month of the baby's first birthday<sup>32</sup>
- Childbirth Education:<sup>32</sup>

- How to have a healthy pregnancy
- Warning signs in pregnancy and what to do
- Nutrition
- Breastfeeding
- Birthing plan
- What to expect during labor and delivery, how to manage pain and a hospital tour
- Newborn care and changes to expect at home after baby is born
- Safe sleeping position, car seat safety, and well-child care

- **Chemical-Using Pregnant (CUP) Women Program** is for women who are pregnant, covered through Washington Apple Health, and have a history of substance use. Services include:<sup>33</sup>

- Immediate access to care
- Medical detoxification and stabilization
- Medical treatment
- Chemical dependency treatment and referral

**The Breast, Cervical and Colon Health Program** provides free breast, cervical, and colon cancer screening to low-income uninsured or underinsured women between 40 and 64 years and men between 50 and 64 years.<sup>34</sup> Services for women include:<sup>35</sup>

- Breast cancer screenings (breast exams and mammograms)
- Cervical cancer screenings (pap tests and pelvic exams)
- Colon cancer screening (using a simple, take-home kit)
- Follow-up tests to find out if treatment is needed
- Assistance with finding resources for treatment



# Timeline

## Federal

## Washington

