

Doula & Perinatal Community Health Worker in Medicaid

A Learning Series on Leveraging Community Based Support Services

Session #1:

High-Value, Equitable, & Evidence-Based Community-Based Perinatal Support

Date: December 1, 2022 at 3 p.m. ET

Session Description: This session will provide an overview of community-based perinatal support models, define community-based doulas and perinatal community health workers, and share the evidence base for these models. The session will provide information on the importance of community-based perinatal support in advancing birth equity.

Learning Objectives

1. Identify definitions, elements, and scope of work of community-based doulas and perinatal community health workers.
2. Identify the evidence supporting community-based doulas and perinatal community health workers as cost-effective strategies to improve outcomes, member experience, and birth equity.
3. Identify public health policies related to community-based doulas and perinatal community health workers.

Session #1 Speakers:

Jennifer E. Moore, PhD, RN, FAAN, Institute for Medicaid Innovation

Nan Strauss, JD, Every Mother Counts

Julie Mottl-Santiago, DrPH, CNM, Boston University School of Medicine, Boston Medical Center

Ebere Oparaeke, MPH, Boston Medical Center

Jennie Joseph, LM, CPM, Commonsense Childbirth

Session #1 Resources:

[Speaker Bios](#)

[Presentation Slides](#)

[Archived Session Recording](#)

[Session Q & A](#)

Session #1: Pre-Session Required Activities (60 Minutes)

WATCH (3 Minutes): [What's the Difference Between a Doula and a Midwife](#)

READ (15 Minutes): [The Role of Doulas and Community Health Workers in Medicaid](#)

READ (5 Minutes): [Medicaid and Private Insurance Coverage of Doula Care](#)

READ (10 Minutes): [Community-Based Doula Models as a Standard of Care for Reducing Racial Disparities](#), pages 5, 8-14

READ (10 Minutes): [Continuous Support for Women during Childbirth: 2017 Cochrane Review Update](#)

READ (5 Minutes): [Promoting Maternal and Child Health Through State Medical Coverage for Doula Care](#)

READ (10 Minutes): [White House Blueprint for Addressing the Maternal Health Crisis](#)

EXPLORE (2 Minutes): [National Perinatal Taskforce: Commonsense Childbirth](#)

Session #1: Supplemental Resources (22 Minutes)

READ (10 Minutes): [Improving Our Maternity Care Through Doula Support](#)

READ (3 Minutes): [Research priorities to improve the quality of care for every woman, every child](#)

LISTEN (3 Minutes): [NPR: Doulas are Assisting Black Mothers with their Births](#)

LISTEN (3 Minutes): [NPR: Through Community-based Care Doula sequoia Kemp Advocates for Radical Change](#)

LISTEN (3 Minutes): [Initiative Trains Native American Women as Doulas to Improve Health Care Outcomes](#)