



# Annual Medicaid MCO Survey Behavioral Health

**75%** of responding Medicaid health plans are at risk for behavioral health

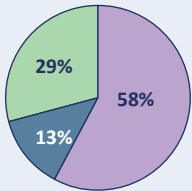
Note: Health plans that are not at risk for behavioral health did not respond to questions in the behavioral health section of the 2023 Annual Medicaid Health Plan survey.

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

## Demographics

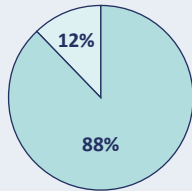
In its sixth year, the 2023 survey findings represent health plan data from almost every state with Medicaid managed care. The annual survey collected information at the parent company/corporate levels and is intended to equip Medicaid stakeholders with the information needed to accurately articulate the national narrative about Medicaid managed care. The survey respondents are representative of the national demographics of all Medicaid health plans.

### Health Plan Tax Status



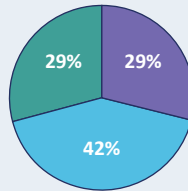
- Private Nonprofit
- Private For-Profit
- Government or Other

### Health Plan Markets



- Single State
- Multistate

### Health Plan Size



- Small Health Plan (<250K Covered)
- Medium Health Plan (250K-1 Million Covered)
- Large Health Plan (>1 Million Covered)

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

## Percentage of Medicaid Health Plans Experiencing Barriers for Behavioral and Physical Health Integration



Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

## Medicaid Health Plans' Barriers to Behavioral and Physical Health Integration

Network Barriers	% of Health Plans	Operational Barriers	% of Health Plans	Policy Barriers	% of Health Plans
Provider's capacity to provide integrated physical and behavioral health at point of care	78%	Technological system differences with subcontractors	56%	42 CFR Part 2 limitations on substance use disorder (SUD) treatment information being shared	83%
Behavioral health provider's adoption of electronic health records	61%	Communication between care management and behavioral health teams	44%	Fragmentation in program funding for physical and behavioral health services	61%
Access to data from other network entities such as departments of health or substance use programs	61%	Access to data between care management and behavioral health teams	39%	State-specific substance use confidentiality laws	44%
Behavioral health provider's readiness for managed care	50%	Staffing in care management to align skills sets with integrated care needs	33%	Fragmentation in program contracting for physical and behavioral health services	39%
Other*	28%	Other*	17%	State-specific behavioral health confidentiality laws	39%
				Institutions of mental disease (IMD) exclusion	28%
				Other*	22%

Note: Other\* includes insufficient volume of high-quality providers to meet high level of need; workforce challenges; confusion with what is fee for service versus MCO billed.

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

Note: Other\* includes partial carve outs and access to data between the health plan and county/state agencies.

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

Note: Other\* includes prescribing policies with telehealth, licensure and supervision requirements, and partial carve in and carve outs.

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."



Support for this project is provided by the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the Foundation.

# Child & Adolescent Behavioral Health

94%

of Medicaid health plans are at risk for child and adolescent behavioral health

## Top Three Barriers Medicaid Health Plans Experience for Child and Adolescent Behavioral Health by Health Plan Size

	Small Health Plans	Medium Health Plans	Large Health Plans	All Health Plans
Availability of in-person behavioral health providers	83%	100%	100%	94%
Excessive wait times for specialty care	83%	50%	100%	82%
Members' ability to access in-person behavioral health	83%	50%	86%	77%

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

## How Medicaid Health Plans Address Access Barriers for Child and Adolescent Behavioral Health

Contract with more virtual behavioral health providers	65%
Educate members to help destigmatize mental illness	65%
Administer behavioral health services in schools	59%
Provide services in multiple languages	53%
Provide coaches and peer support to expand available resources	53%
Provide training to pediatricians on integrating behavioral health into their practice	47%
Connect members to infrastructure to access virtual care	47%
Provide behavioral health services in medical emergency rooms	24%
Other (includes Community Health Workers and enhanced rates to select providers)	24%
Incentivize members' parents/caregivers to engage with behavioral health services	18%

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

## Barriers Medicaid Health Plans Experience Related to Child and Adolescent Behavioral Health



Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."