



Annual Medicaid MCO Survey Child and Adolescent Health

96%

of responding Medicaid health plans are at risk for child and adolescent health

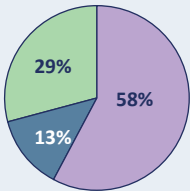
Note: Health plans that are not at risk for child and adolescent health did not respond to questions in the child and adolescent health section of the 2023 Annual Medicaid Health Plan survey.

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

Demographics

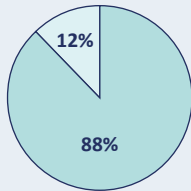
In its sixth year, the 2023 survey findings represent health plan data from almost every state with Medicaid managed care. The annual survey collected information at the parent company/corporate levels and is intended to equip Medicaid stakeholders with the information needed to accurately articulate the national narrative about Medicaid managed care. The survey respondents are representative of the national demographics of all Medicaid health plans.

Health Plan Tax Status



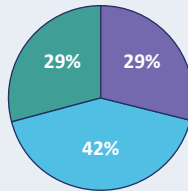
- Private Nonprofit
- Private For-Profit
- Government or Other

Health Plan Markets



- Single State
- Multistate

Health Plan Size

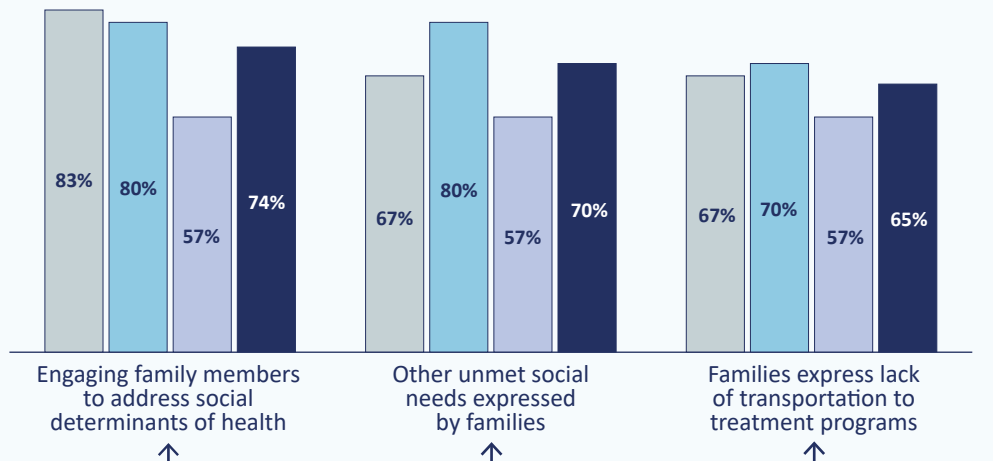


- Small Health Plan (<250K Covered)
- Medium Health Plan (250K-1 Million Covered)
- Large Health Plan (>1 Million Covered)

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

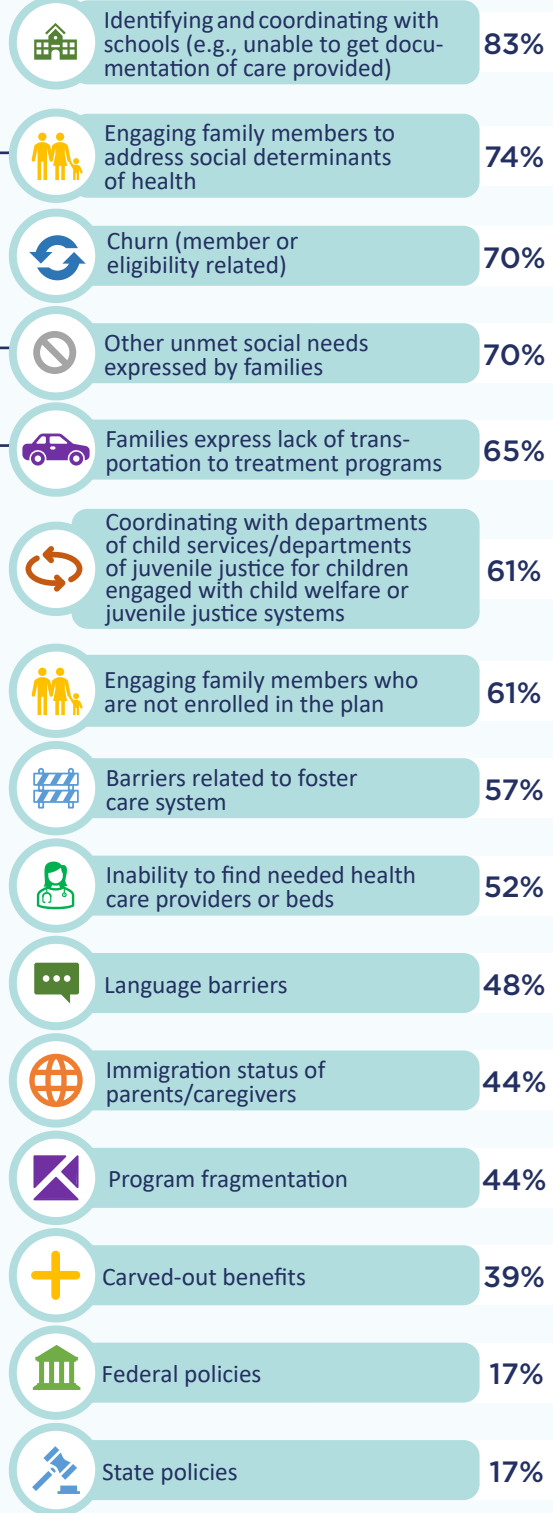
Social Determinants of Health Barriers That Medicaid Health Plans Encounter When Serving Children by Health Plan Size

Small Health Plans Medium Health Plans Large Health Plans All Health Plans



Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

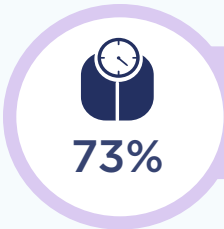
Barriers Medicaid Health Plans Encountered When Serving Children



Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."



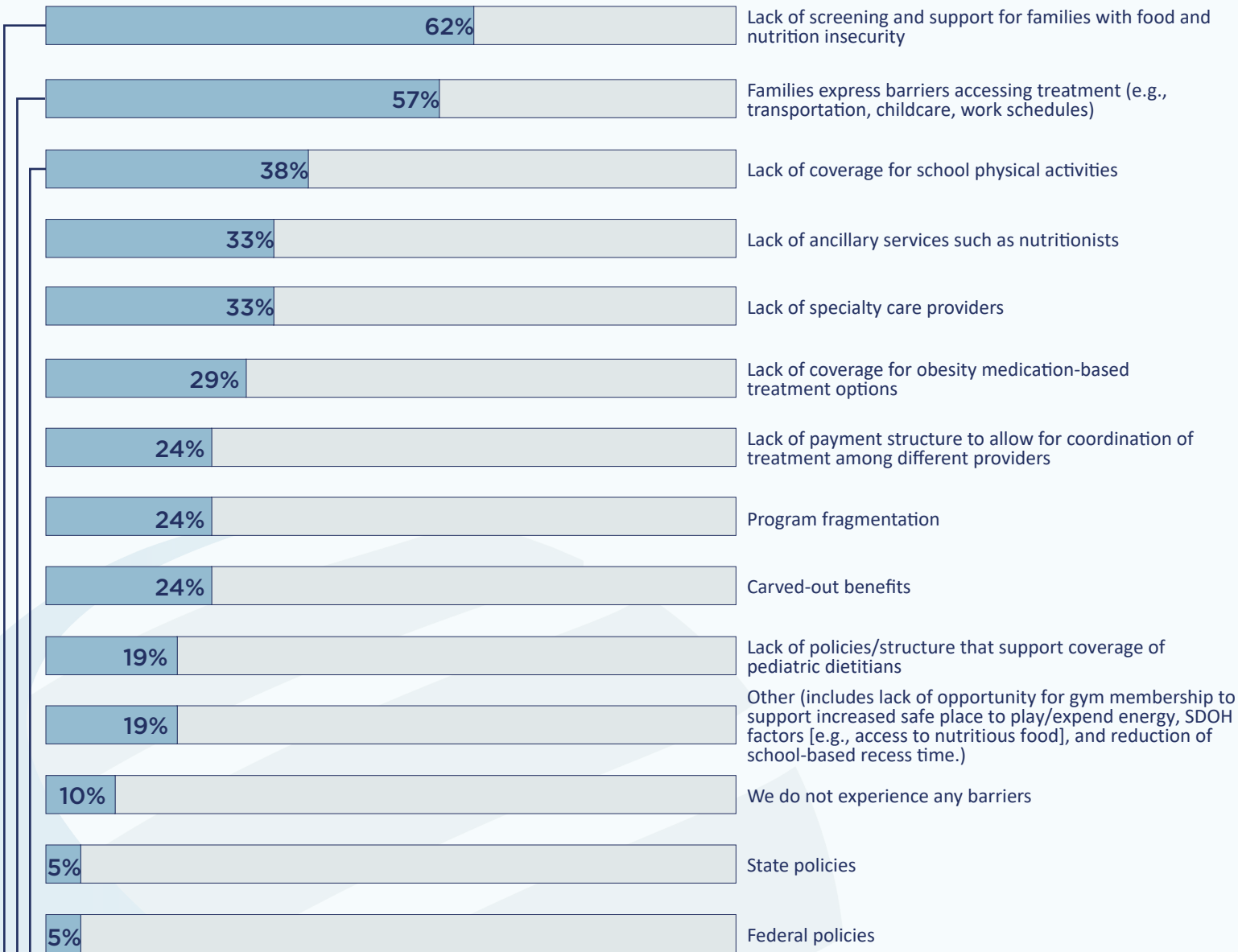
Support for this project is provided by the Robert Wood Johnson Foundation. The views expressed here do not necessarily reflect the views of the Foundation.



of Medicaid health plans cover child and adolescent comprehensive obesity treatment, including intensive behavioral interventions, pharmacology, and metabolic and bariatric surgery.

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

Medicaid Health Plans' Barriers Addressing Child and Adolescent Obesity



Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

Social Determinant of Health Barriers Medicaid Health Plans Experience When Addressing Child and Adolescent Obesity by Health Plan Size

| | Small Health Plans | Medium Health Plans | Large Health Plans | All Health Plans |
|---|--------------------|---------------------|--------------------|------------------|
| Lack of screening and support for families with food and nutrition insecurity | 80% | 56% | 57% | 62% |
| Families express barriers accessing treatment (e.g., transportation, childcare, work schedules) | 60% | 56% | 57% | 57% |
| Lack of coverage for school physical activities | 40% | 33% | 43% | 38% |

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

Child & Adolescent Behavioral Health

94% of Medicaid health plans are at risk for child and adolescent behavioral health

Top Three Barriers Medicaid Health Plans Experience for Child and Adolescent Behavioral Health by Health Plan Size

| | Small Health Plans | Medium Health Plans | Large Health Plans | All Health Plans |
|--|--------------------|---------------------|--------------------|------------------|
| Availability of in-person behavioral health providers | 83% | 100% | 100% | 94% |
| Excessive wait times for specialty care | 83% | 50% | 100% | 82% |
| Members' ability to access in-person behavioral health | 83% | 50% | 86% | 77% |

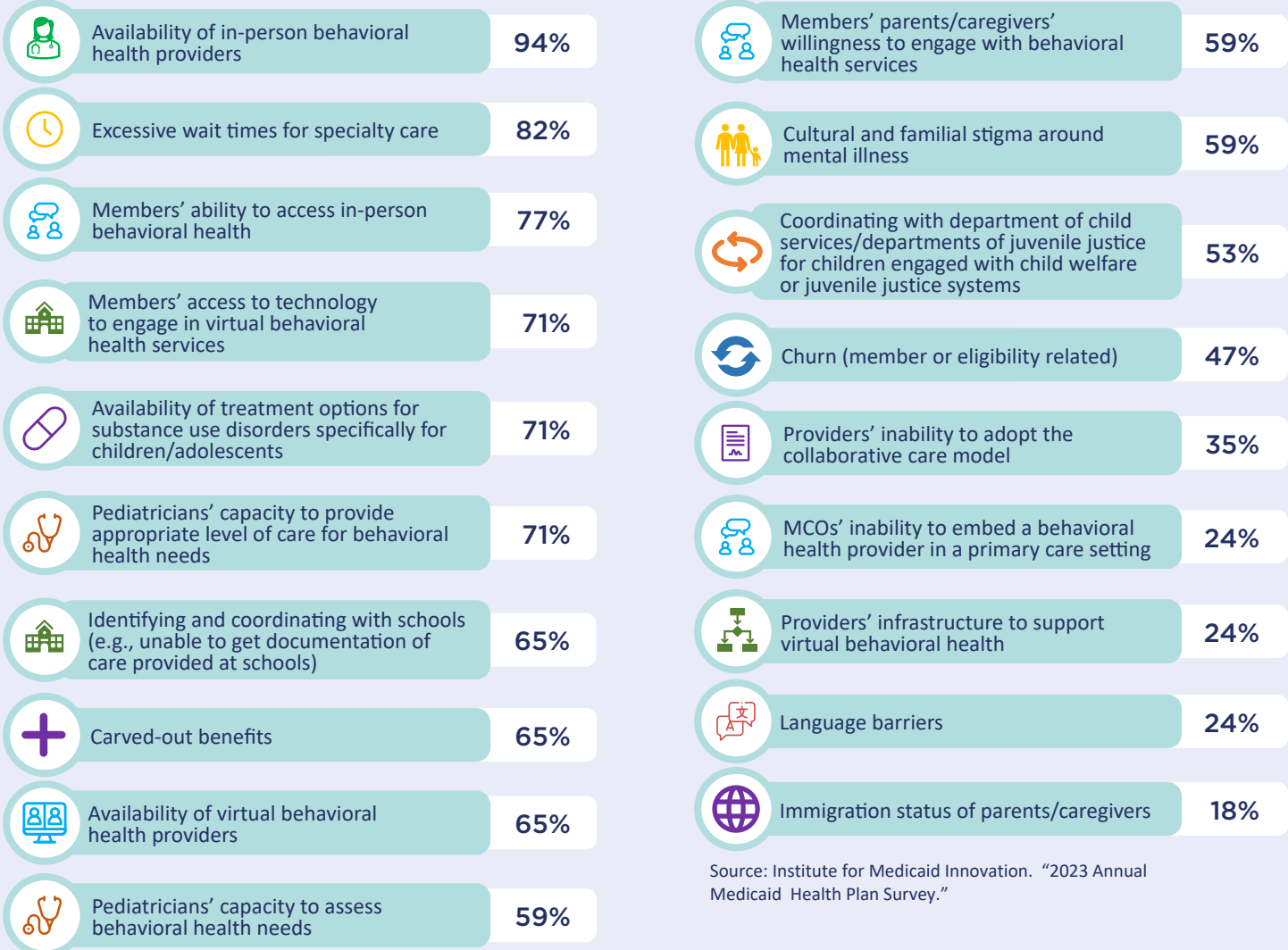
Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

How Medicaid Health Plans Address Access Barriers for Child and Adolescent Behavioral Health

| | |
|--|-----|
| Contract with more virtual behavioral health providers | 65% |
| Educate members to help destigmatize mental illness | 65% |
| Administer behavioral health services in schools | 59% |
| Provide services in multiple languages | 53% |
| Provide coaches and peer support to expand available resources | 53% |
| Provide training to pediatricians on integrating behavioral health into their practice | 47% |
| Connect members to infrastructure to access virtual care | 47% |
| Provide behavioral health services in medical emergency rooms | 24% |
| Other (includes Community Health Workers and enhanced rates to select providers) | 24% |
| Incentivize members' parents/caregivers to engage with behavioral health services | 18% |

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

Barriers Medicaid Health Plans Experience Related to Child and Adolescent Behavioral Health



Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."