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# Annual Medicaid MCO Survey Child and Adolescent Health

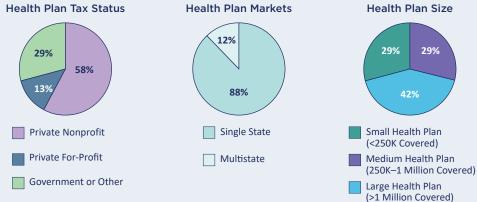
of responding Medicaid health plans are at risk for child and adolescent health

Note: Health plans that are not at risk for child and adolescent health did not respond to questions in the child and adolescent health section of the 2023 Annual Medicaid Health Plan survey.

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

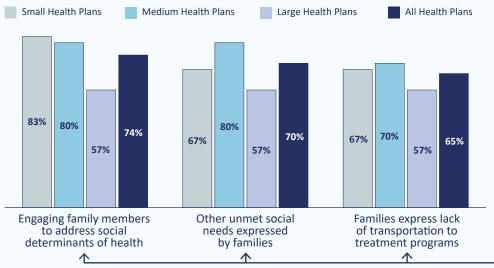
### Demographics

In its sixth year, the 2023 survey findings represent health plan data from almost every state with Medicaid managed care. The annual survey collected information at the parent company/corporate levels and is intended to equip Medicaid stakeholders with the information needed to accurately articulate the national narrative about Medicaid managed care. The survey respondents are representative of the national demographics of all Medicaid health plans.



Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

### Social Determinants of Health Barriers That Medicaid Health Plans Encounter When Serving Children by Health Plan Size



Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."



Â	Identifying and coordinating with schools (e.g., unable to get docu- mentation of care provided)	83%
	Engaging family members to address social determinants of health	74%
•	Churn (member or eligibility related)	70%
	Other unmet social needs expressed by families	70%
- 🙃	Families express lack of trans- portation to treatment programs	65%
\$	Coordinating with departments of child services/departments of juvenile justice for children engaged with child welfare or juvenile justice systems	61%
	Engaging family members who are not enrolled in the plan	61%
	Barriers related to foster care system	57%
	Inability to find needed health care providers or beds	52%
	Language barriers	48%
	Immigration status of parents/caregivers	44%
	Program fragmentation	44%
$\overline{+}$	Carved-out benefits	39%
	Federal policies	17%
	State policies	17%

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

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of Medicaid health plans cover child and adolescent comprehensive obesity treatment, including intensive behavioral interventions, pharmacology, and metabolic and bariatric surgery.

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

### Medicaid Health Plans' Barriers Addressing Child and Adolescent Obesity

57%		
5770	Families express barriers accessing treatment (e.g., transportation, childcare, work schedules)	
38%	Lack of coverage for school physical activities	
33%	Lack of ancillary services such as nutritionists	
33%	Lack of specialty care providers	
29%	Lack of coverage for obesity medication-based treatment options	
24%	Lack of payment structure to allow for coordination of treatment among different providers	
24%	Program fragmentation	
24%	Carved-out benefits	
19%	Lack of policies/structure that support coverage of pediatric dietitians	
19%	Other (includes lack of opportunity for gym membership to support increased safe place to play/expend energy, SDOH factors [e.g., access to nutritious food], and reduction of school-based recess time.)	
10%	We do not experience any barriers	
%	State policies	
%	Federal policies	
urce: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."		

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."



## **Child & Adolescent Behavioral Health**



of Medicaid health plans are at risk for child and adolescent behavioral health

### Top Three Barriers Medicaid Health Plans Experience for Child and Adolescent Behavioral Health by Health Plan Size

	Small Health Plans	Medium Health Plans	Large Health Plans	All Health Plans
Availability of in- person behavioral health providers	83%	100%	100%	94%
Excessive wait times for specialty care	83%	50%	100%	82%
Members' ability to access in-person behavioral health	83%	50%	86%	77%

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

### How Medicaid Health Plans Address Access Barriers for Child and Adolescent Behavioral Health

Contract with more virtual behavioral health providers	65%
Educate members to help destigmatize mental illness	65%
Administer behavioral health services in schools	59%
Provide services in multiple languages	53%
Provide coaches and peer support to expand available resources	53%
Provide training to pediatricians on integrating behavioral health into their practice	<b>47</b> %
Connect members to infrastructure to access virtual care	<b>47</b> %
Provide behavioral health services in medical emergency rooms	24%
Other (includes Community Health Workers and enhanced rates to select providers)	24%
Incentivize members' parents/caregivers to engage with behavioral health services	18%

Source: Institute for Medicaid Innovation. "2023 Annual Medicaid Health Plan Survey."

### Barriers Medicaid Health Plans Experience Related to Child and Adolescent Behavioral Health

Availability of in-person behavioral health providers	94%
Excessive wait times for specialty care	82%
Members' ability to access in-person behavioral health	77%
Members' access to technology	
to engage in virtual behavioral health services	71%
Availability of treatment options for substance use disorders specifically for children/adolescents	71%
Pediatricians' capacity to provide appropriate level of care for behavioral health needs	71%
Identifying and coordinating with schools	650/
(e.g., unable to get documentation of care provided at schools)	65%
Carved-out benefits	65%
Availability of virtual behavioral health providers	65%
Pediatricians' capacity to assess behavioral health needs	59%

Members' parents/caregivers' willingness to engage with behavioral health services	59%
Cultural and familial stigma around	59%
Coordinating with department of child	
services/departments of juvenile justice for children engaged with child welfare or juvenile justice systems	53%
Churn (member or eligibility related)	47%
Providers' inability to adopt the collaborative care model	35%
MCOs' inability to embed a behavioral health provider in a primary care setting	24%
Providers' infrastructure to support	24%
virtual behavioral health	
Language barriers	24%
Immigration status of parents/caregivers	18%

Source: Institute for Medicaid Innovation. "2023 Annua Medicaid Health Plan Survey."

