

# 2025 Annual Medicaid **MCO Survey**

You can complete this survey by:

- registering via our secure web-based platform, or
- filling out the PDF and emailing it to MCOSurvey@MedicaidInnovation.org

Due date: March 14, 2025

The Institute for Medicaid Innovation (IMI)'s annual Medicaid managed care survey was developed, piloted, refined, and finalized in partnership with health plans, researchers, and policymakers. IMI's primary goal was to equip stakeholders with the information they needed to accurately articulate the national narrative about Medicaid managed care. The previous reports can be accessed at the IMI website. IMI takes a number of steps to safeguard the data collected from health plans. Only IMI research staff have access to the survey data, and all IMI staff have received extensive training in research ethics, data protection, confidentiality, and privacy. As with all IMI surveys, we aggregate the reported findings from the analysis as a composite to ensure the protection of health plan-level identifiable data. For variables with a small sample size, findings will not be reported. Finally, no findings are released without the review and approval of the IMI survey subcommittee and the data and research committee, composed of Medicaid health plan representatives.

#### Section A. Contact Information

IMI staff will use the following information for the purpose of clarifying survey responses.

Name:		
Title: _		
Email:		
Phone:		
Name o	vour health plan:	

Please select the option that best represents your health plan.

Parent organization

Individual market

Proceed to the next page to complete section B.

# Section B. General Information

Institute for Medicaid Innovation staff will use the following information for the purpose of categorizing survey responses.

<b>Definit</b>	cions	and A	crony	yms
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• **MCO**—Managed care organization.

Please respond to the following items at the **parent organizational level** for **only the Medicaid product** 

	-
1.	What type of health plan is your parent organization?
	Private, for profit
	Private, nonprofit
	Government
	Other, specify:
2.	In what year did your health plan begin participating in Medicaid programs as an MCO?
3.	How many individuals are currently enrolled in your Medicaid MCO in all contracts and markets?
4.	Does your Medicaid health plan prioritize employing people with lived experience (e.g., individuals with current or past enrollment in Medicaid or caregivers with experience)?
	Yes
	No
	Unsure
	Other, specify:
5.	Does your organization currently have Medicaid contracts in one of the following?  Multiple states
	iviulupie states

Single state

6. Please select the state or states where you currently have Medicaid contracts.

Alabama	Illinois	Montana	Puerto Rico
Alaska	Indiana	Nebraska	Rhode Island
Arizona	lowa	Nevada	South Carolina
Arkansas	Kansas	New Hampshire	South Dakota
California	Kentucky	New Jersey	Tennessee
Colorado	Louisiana	New Mexico	Texas
Connecticut	Maine	New York	Utah
DC	Maryland	North Carolina	Vermont
Delaware	Massachusetts	North Dakota	Virginia
Florida	Michigan	Ohio	Washington
Georgia	Minnesota	Oklahoma	West Virginia
Hawaii	Mississippi	Oregon	Wisconsin
Idaho	Missouri	Pennsylvania	Wyoming

7. Given the end of the redetermination process, shifting member acuity, and the other programmatic changes, were capitation rates in 2024 adequate for expenses?

Rates were adequate

Rates were inadequate

Unsure

8. Did your health plan receive any rate adjustments or additional funding from state(s) in calendar year 2024 or 2025 to account for 2024 rates?

Yes

No

9. Is/Are your MCO(s) better off financially in 2025 than in the previous year?

Yes

No

10. In 2024, some MCOs experienced financial challenges that may have resulted in layor restrictions, reduction in coverage, and ending programs. If your health plan experie challenges, how did you address them?	

Proceed to the next page to complete section C.

# Section C. High-Risk Care Coordination

#### **Definitions and Acronyms**

- Care team—Group of individuals (clinicians and nonclinical) within and outside of the health plan that supports members' access, coverage, and coordination of care.
- CHW—Community health worker. CHWs are lay members of the community who work in association with the local health care system. CHWs usually share ethnicity, language, socioeconomic status, and life experiences with the community members they serve.
- Complex population contracts—Contracts that include individuals with intellectual and developmental disabilities (I/DD), children with special health care needs (CSHCN), individuals with serious mental illness (SMI), and foster care.
- **General Medicaid contract**—Medicaid contracts with managed care that primarily focus on Medicaid benefits outlined in the state plan, typically consisting of eligibility categories for women, children, and childless adults.
- · HEDIS—Healthcare Effectiveness Data and Information Set. HEDIS includes more than 90 measures of quality and effectiveness of care used in quality improvement.
- High-risk—Identified by clinical data risk stratification or definitions of certain populations with focused needs that require specific or high utilization.
- **High-risk care coordination**—A specific approach within care management that focuses on individuals at increased risk by providing support to navigate and coordinate needed care. These services are provided directly by the MCO or a delegated entity and include programs such as complex member management, disease management, high-risk maternity management, etc.
- **MCO**—Managed care organization.
- **MLTSS**—Managed long-term services and supports.
- MLTSS Medicaid contract—Contracts inclusive of institutional, home, and community-based services that are targeted to individuals who qualify for long-term care based on functional need.
- Peer support worker—Individuals with lived experience of a health condition who help provide social, emotional, or practical support to others experiencing the same condition.
- SDOH—Social determinants of health, also referred to as "social influencers of health," are environmental conditions into which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functional, and quality-of-life outcomes and risks (e.g., housing, food, and public safety).
- **SUD**—Substance use disorder.
- **WIC**—Special Supplemental Nutrition Program for Women, Infants, and Children.

Please respond to the following items at the <u>parent organizational level</u> for <u>only the Medicaid product</u> line.

This section will focus on the use of high-risk care coordination within general Medicaid contracts. Unique care delivery models designed for complex population contracts for managed long-term services and supports are **not** the focus of this section.

1. In any of your Medicaid markets, identify which outcomes you currently use to track the effectiveness of high-risk care coordination. Check all that apply. Emergency department utilization (HEDIS measure)

Emergency department utilization (unrelated to HEDIS measure)

Inpatient utilization (HEDIS measure)

Inpatient utilization (unrelated to HEDIS measure)

Impact on other HEDIS measures. Please list measures by referencing the three-letter HEDIS measure abbreviation:

Preventive care utilization

Outpatient primary care utilization

Total spending

Members' experience survey results (e.g., Consumer Assessment of Healthcare Providers and Systems survey)

Provider experience survey results

Complaints and grievances

Our health plan does not track the effectiveness

2. Identify the barriers to providing high-risk care coordination that your health plan currently experiences in any Medicaid market. Check all that apply. Member access to primary care Member access to specialty care Member access to behavioral and mental health care Ability to contact member Members' willingness to engage with high-risk care coordination Access to information from previous providers (e.g., mental health) Ability to share information with service providers Provider willingness to engage with high-risk care coordination Availability of social supports Members' ability to navigate multiple care coordinators from health systems, provider practices, clinics, etc. Member's unmet SDOH Ability to connect individuals to necessary non-clinical social supports Churn (member or eligibility-related) Members' knowledge of managed care

Language barriers

Other, specify:

None

3.	Please select any additional information or categories of data that state Medicaid agencies could provide to help health plans better administer high-risk care coordination. <i>Check all that apply</i> .
	GENERAL BACKGROUND DATA, SUCH AS:
	Demographic data (e.g., age, sex, education level)
	Sexual orientation
	Gender identity
	Pronouns
	Race
	Ethnicity
	Language
	Race
	Contact data (e.g., phone numbers, email addresses)
	None
	Household data (e.g., power of attorney, guardian, head of household information, or household composition)
	Other, specify:
	MEDICAL SYSTEM DATA, SUCH AS:
	Historical claims data and clinical encounters
	Case management or social work encounters
	Behavioral health diagnoses, treatment, or providers (including mental health and substance use disorder)
	Health status indicators
	Special health care needs indicators
	Smoking, vaping, or nicotine or tobacco use
	Chronic medical conditions or diagnoses (e.g., sickle cell disease, HIV/AIDS)
	None

	SDOH DAT	ΓA, SUCH AS:	
	Schoo	ool enrollment	
	Child	d welfare involvement	
	Juven	nile justice system involvement	
	Partio	cipation in other state programs (e.g., WIC)	
	Hous	sing situation or stability (e.g., unhoused)	
	Crimi	inal justice system involvement	
	None	e	
	Othe	er, specify:	
7.		ion? If yes, please briefly describe them belo	e initiatives or best practices in high-risk care
	Whom can	n we contact for more information?	
	Name:	T	tle:
	Email:	P	hone:
5.			nformation that might help us understand how rvices and any issues that are encountered.

Proceed to the next page to complete section D.

# Section D. Alternative and Value-Based Payment Models

#### **Definitions and Acronyms**

- **APM**—Alternative Payment Model.
- **CAHPS**—Consumer Assessment of Healthcare Providers and Systems.
- CFR—Code of Federal Regulations.
- **CQMC**—Core Quality Measures Collaborative.
- **HEDIS**—Healthcare Effectiveness Data and Information Set.
- PMPM—Per Member Per Month.
- **VBP**—Value-Based Payment.

Please respond to the following items at the **parent organizational level** for **only the Medicaid product** line.

1. Across all of your Medicaid markets, does your health plan have any APM or VBP arrangements?

Yes

No

If yes, proceed to question 2. If no, skip to section E.

2. In any of your Medicaid markets, identify which of the following payment strategies your health plan uses. Check all that apply.

Enhanced payment rates for providers in rural or frontier areas

Enhanced payment rates for hard-to-recruit provider types

Payment incentives for availability of same-day or after-hours appointments

Payment incentives based on performance measures related to access to care

Incentive payments for addressing health disparities

Incentive payments for addressing health inequities

Payment incentives to integrate behavioral health care into primary care

Payment incentives to integrate primary care into behavioral health care

Enhanced payments to providers for reimbursement parity with other health plans

Optional benefits for select populations as authorized by statute (e.g., sickle cell disease)

3.	In any of your Medicaid markets, please indicate which of the following types of APMs or VBP arrangements your health plan uses for any providers. <i>Check all that apply</i> .
	Non-payment or reduced payment for elective deliveries before 39 weeks
	Non-payment or reduced payment for patient safety issues (e.g., never events)
	Incentive or bonus payments tied to specific performance measures (e.g., pay-for-performance)
	Payment withholds tied to performance
	Bundled or episode-based payments
	Global or capitated payments to primary care providers or integrated provider entities
	Arrangements with upside risk
	Arrangements with downside risk
	Up-front payments to encourage faster movement to more advanced APM arrangements
	Shared savings arrangements
	PMPM for care management services
	None
	Other, specify:
4.	In any of your Medicaid markets, identify the barriers to the adoption and innovation of APM and/or VBP. <i>Check all that apply</i> .
	HEALTH PLAN OPERATIONAL BARRIERS
	Data sharing readiness
	Information technology system preparedness
	Staff capacity
	Staff expertise and skills
	Willingness to participate in APM and/or VBP models
	Pricing structures or actuarial soundness
	Contract requirements on APM and/or VBP approaches
	None
	Other, specify:

# PROVIDER OPERATIONAL BARRIERS Data sharing readiness Information technology system preparedness Staff capacity Staff expertise and skills Willingness to participate in APM and/or VBP models Pricing structures or actuarial soundness Contract requirements on APM and/or VBP approaches Lack of consistent evidence of efficacy of APM and/or VBP models None Other, specify: **POLICY BARRIERS** State requirements limiting APM and/or VBP models Medicaid payment rates Impact of 42 C.F.R. Part 2 on limiting access to health data on substance use disorder

Uncertain or shifting federal policy requirements or priorities

Uncertain or shifting state policy requirements or priorities

Variation in payment models across payers (e.g., Medicaid, commercial, Medicare)

Prospective payment system structure for federally qualified health centers

None

Other, specify:

#### **OTHER EXTERNAL BARRIERS**

Lack	of consistent	t evidence of	f efficacy of <i>i</i>	APM	and/or	VBP	mod	els
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None

5.	What specific changes to state requirements and guidance would remove barriers and assist in more effectively implementing APM and/or VBP arrangements? <i>Check all that apply</i> .
	More flexibility in the design of VBP components (e.g., member attribution, benchmarking)
	Development of a multi-year VBP strategy to allow for longer-term contracts with Medicaid
	Provision of additional policy and/or fiscal levers for health plans to ensure provider engagement in VBP models
	Policies to facilitate data sharing between payers and providers
	Removal of data sharing restrictions
	Better education for providers on state and health plan expectations
	Better education for health plans on state expectations for VBPs
	Reporting of consistent metrics
	Removal of requirements that limit APM and/or VBP model development
	Streamlined VBP design across payers, including aligned performance measures
	Multi-payer alignment in VBP strategies
	None
	Other, specify:
6.	Across all of your Medicaid markets, how do state-directed payments present challenges, if at all, to your health plan? <i>Check all that apply</i> .
	Payments complicate actuarial soundness calculations
	Payments complicate provider payment rates
	Payments interfere with value-based payment or alternative payment model incentives
	Payments complicate providers' data reporting
	No challenges
	Other, specify:
7.	OPTIONAL: Does your health plan offer any innovative initiatives or best practices in APM and/or VBP arrangements? If yes, briefly describe.

Name:	Title:	
Email:	Phone:	
OPTIONAL: Did we miss anyth	ing? Places share any information that might halp us understa	and how
•	ing? Please share any information that might help us understa APM and/or VBP arrangements and any issues that are encour	

Proceed to the next page to complete section E.

# Section E. Pharmacy

#### **Definitions and Acronyms**

- EHR—Electronic health record.
- FFS—Fee-for-service.
- MAT—Medication-Assisted Treatment.
- MTM—Medication Therapy Management.
- **OTC**—Over-the-counter.
- **PA**—Prior authorization.
- **PBM**—Pharmacy benefit manager.
- **PDL**—Prescription drug list.

Please respond to the following items at the **parent organizational level** for **only the Medicaid** product line.

1. For any of your Medicaid contracts, is your health plan at risk for pharmacy benefits?

Yes

Yes, but only a portion of the pharmacy spend

No

# If yes, proceed to question 2. If no, skip to section F.

2. Across all of your Medicaid markets, identify the major challenges that your health plan currently faces when managing the prescription drug benefit. Check all that apply.

Pharmacy benefits or subset of benefits carved out of managed care

Difference between plan formularies and methodologies and state requirements

Utilization and cost history unknown for new drugs entering a market

Managing GLP-1 agonists drug benefits and coverage requirements

Members' comprehension of and engagement in programs

Formulary notification requirements as part of Medicaid MCO Final Rules in 2016, 2017, and 2020

Pharmacy network requirements

Single PDL/formulary requirements

Increase in number of specialty pharmacy medications

Increase in cost of specialty pharmacy medications

Vendor performance management (e.g., PBM, specialty)

None

3.	In any of your markets, please identify how state Medicaid agencies could further assist health plans in addressing the cost of new or high-cost drugs. <i>Check all that apply</i> .
	Completely carve in the drug costs to managed care
	Temporarily cover specific drugs through the state fee-for-service program to get utilization data with intent to carve in to managed care contracts capitation rate adjustments made off the normal rate cycle
	Capitation rate adjustment as part of regular rate adjustments
	Stop-loss provision to cap the plan's cost for the drug
	Risk corridor for high-cost medications
	Risk sharing
	Kick payment for certain drugs
	Value-based contracts with manufacturers
	Provide health plans with supplemental payments to cover the cost of specialty drugs
	Support creating alternative reimbursement models
	State participating in the Center for Medicare & Medicaid Innovation's Cell and Gene Therapy Model
	State or states cannot provide assistance
	State or states cannot provide assistance Other, specify:
4.	
4.	Other, specify:  /hat pharmacy benefit or formulary activities or initiatives does your health plan currently use to
4.	Other, specify:  What pharmacy benefit or formulary activities or initiatives does your health plan currently use to address the opioid epidemic? <i>Check all that apply</i> .
4.	Other, specify:  What pharmacy benefit or formulary activities or initiatives does your health plan currently use to address the opioid epidemic? Check all that apply.  Quantity and/or days' supply limits for new starts  Review dose limit policies to ensure they do not encourage involuntary tapers and prompt clinical
4.	Other, specify:  What pharmacy benefit or formulary activities or initiatives does your health plan currently use to address the opioid epidemic? Check all that apply.  Quantity and/or days' supply limits for new starts  Review dose limit policies to ensure they do not encourage involuntary tapers and prompt clinical review of exception requests
4.	Other, specify:  What pharmacy benefit or formulary activities or initiatives does your health plan currently use to address the opioid epidemic? Check all that apply.  Quantity and/or days' supply limits for new starts  Review dose limit policies to ensure they do not encourage involuntary tapers and prompt clinical review of exception requests  Remove or restrict methadone for pain
4.	Other, specify:  What pharmacy benefit or formulary activities or initiatives does your health plan currently use to address the opioid epidemic? Check all that apply.  Quantity and/or days' supply limits for new starts  Review dose limit policies to ensure they do not encourage involuntary tapers and prompt clinical review of exception requests  Remove or restrict methadone for pain  Policies to decrease new starts for concurrent opioid or benzodiazepine  Remove or reduce restrictions for, or add to formulary, common nonopioid pain medications (e.g.,
4.	Other, specify:  What pharmacy benefit or formulary activities or initiatives does your health plan currently use to address the opioid epidemic? Check all that apply.  Quantity and/or days' supply limits for new starts  Review dose limit policies to ensure they do not encourage involuntary tapers and prompt clinical review of exception requests  Remove or restrict methadone for pain  Policies to decrease new starts for concurrent opioid or benzodiazepine  Remove or reduce restrictions for, or add to formulary, common nonopioid pain medications (e.g., topicals, antidepressants, neuroleptics with indications for pain)
4.	Other, specify:  In that pharmacy benefit or formulary activities or initiatives does your health plan currently use to address the opioid epidemic? Check all that apply.  Quantity and/or days' supply limits for new starts  Review dose limit policies to ensure they do not encourage involuntary tapers and prompt clinical review of exception requests  Remove or restrict methadone for pain  Policies to decrease new starts for concurrent opioid or benzodiazepine  Remove or reduce restrictions for, or add to formulary, common nonopioid pain medications (e.g., topicals, antidepressants, neuroleptics with indications for pain)  Remove or reduce restrictions for other pain services
4.	Other, specify:  What pharmacy benefit or formulary activities or initiatives does your health plan currently use to address the opioid epidemic? Check all that apply.  Quantity and/or days' supply limits for new starts  Review dose limit policies to ensure they do not encourage involuntary tapers and prompt clinical review of exception requests  Remove or restrict methadone for pain  Policies to decrease new starts for concurrent opioid or benzodiazepine  Remove or reduce restrictions for, or add to formulary, common nonopioid pain medications (e.g., topicals, antidepressants, neuroleptics with indications for pain)  Remove or reduce restrictions for other pain services  Pharmacy and/or prescriber lock program for members using multiple prescribers

5.	•	id markets, does your health plan currently or plan to cover or reimburse TC hormonal birth control pill, Opill? <i>Check all that apply</i> .						
	Yes							
	No, but considering							
	No, and not conside	ering						
	No, it is not permitte	ed by the state agency						
	Other, specify:							
6.	What pharmacy benefit of GLP-1 agonists? <i>Check a</i>	or formulary activities or initiatives does your health plan use to manage <i>Il that apply</i> .						
	Prior authorization							
	Prescription restrict	ion (e.g., number of refills, number of pills, or doses)						
	Determined by state	e PDL and restrictions						
	Formulary requirements							
	Case management to ensure appropriate care and referral to services							
	None							
	Other, specify:							
7.	•	ealth plan have any innovative initiatives or best practices in pharmacy scribing system, real-time benefits check)? If yes, please briefly describe.						
	Whom can we contact fo Name: Email:	r more information?  Title:  Phone:						
8.	OPTIONAL: Did we miss anything? Please share any information that might help us understand how Medicaid MCOs provide pharmacy services and any issues that are encountered.							

Proceed to the next page to complete section F.

# Section F. Behavioral Health

# **Definitions and Acronyms**

- CFR—Code of Federal Regulations.
- OUD—Opioid use disorder.
- MCO—Managed care organizations.
- **SUD**—Substance use disorder.

Please respond to the following items at the **parent organizational level** for **only the Medicaid product** line.

1.	For any of your Med	icaid contracts, is y	your health I	plan at risk for	behavioral h	nealth services?
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Yes

Yes, but only specific services including:

No

# If yes, proceed to question 2. If no, skip to section G.

2. Please indicate the barriers that your health plan experiences across any of your Medicaid markets when addressing behavioral and physical health integration. Check all that apply.

#### **OPERATIONAL BARRIERS**

Staffing in care management to align skill sets with integrated care needs

Communication between care management and behavioral health teams

Access to data between care management and behavioral health teams

Technological system differences with subcontractors

We do not experience any operational barriers

Other, specify:

## NETWORK BARRIERS

Providers' capacity to provide integrated physical and behavioral health at point of care

Behavioral health providers' readiness for managed care

Behavioral health providers' adoption of electronic health records

Access to data from other network entities such as departments of health or substance use programs

Willingness of behavioral health providers to contract with managed care organizations

We do not experience any network barriers

# **POLICY BARRIERS**

42 C.F.R. Part 2 limitations on SUD treatment information being shared

Institutions of Mental Disease (IMD) exclusion

Fragmentation in program funding for physical and behavioral health services

Fragmentation in program contracting for physical and behavioral health services

State-specific substance use confidentiality laws

State-specific behavioral health confidentiality laws

Requirements to see patients in person

We do not experience any policy barriers

Other, specify:

3.	In any	Medicaid	market	does your	health	plan	provide	child o	r adol	escent	behaviora	I health	services
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Yes

No

If yes, proceed to question 4. If no, skip to question 6.

4. Please indicate the barriers your health plan encounters in any Medicaid market when providing child or adolescent behavioral health services. Check all that apply.

Availability of in-person behavioral health providers

Availability of virtual behavioral health providers

Providers' inability to adopt the Collaborative Care Model

Providers' inability to embed a behavioral health provider in a primary care setting

Members' access to technology to engage in virtual behavioral health services

Members' ability to access in-person behavioral health

Providers' infrastructure to support virtual behavioral health

Pediatricians' capacity to assess behavioral health needs

Pediatricians' capacity to provide appropriate level of care for behavioral health needs

Excessive wait times for specialty care

Members' parents' or caregivers' willingness to engage with behavioral health services

Cultural and familial stigma around mental illness

Availability of treatment options for substance use disorders specifically for children or adolescents

Identifying and coordinating with schools (e.g., unable to get documentation of care provided at schools)

Language barriers

Churn (member or eligibility related)

Coordinating with departments of child services or departments of juvenile justice for children engaged with child welfare or juvenile justice systems

Immigration status of parents or caregivers

Carved-out benefits

None

5.	Please indicate how your health plan addresses access barriers in any Medicaid market for providing child or adolescent behavioral health services. <i>Check all that apply</i> .
	Contract with more virtual behavioral health providers
	Administer behavioral health services in schools
	Provide behavioral health services in emergency departments
	Provide coaches and peer support to expand available resources
	Provide training to pediatricians on integrating behavioral health into their practices
	Connect members to infrastructure to access virtual care
	Incentivize members' parents or caregivers to engage with behavioral health services
	Educate members to help destigmatize mental illness
	Provide services in multiple languages
	None
	Other, specify:
	in addressing behavioral health needs of members. <i>Check all that apply</i> .  Support behavioral health home and community-based services providers
	Expand payment around audio-only delivery of mental health and SUD services
	Expand payment around audiovisual delivery of mental health and SUD services
	Champion policies to facilitate data sharing across physical health and behavioral health MCOs
	Remove data sharing restrictions
	Facilitate increase in behavioral health provider workforce
	Facilitate increase of behavioral health provider participation in Medicaid
	Increase Medicaid payment rates for behavioral health
	Cover codes for mental health screening, peer support, and collaborative care
	Authorize telehealth regulations that permit virtual-only providers for behavioral health providers, including OUD treatment or buprenorphine prescribing
	Carve-in behavioral health (where not carved in)
	Authorize mobile crisis services
	States cannot provide further assistance
	None
	Other, specify:

Name	ontact for more information?  Title:
Email:	Phone:
	Thore.

Proceed to the next page to complete section G.

# Section G. Maternal and Perinatal Health

At the Institute for Medicaid Innovation, we recognize and respect that pregnant, birthing, postpartum, and parenting people have a range of gender identities and do not always identify as "women" or "mothers." In recognition of the diversity of identities, this survey uses both gendered terms such as "women" or "mothers" as presented in regulatory statute for the Medicaid program and gender-inclusive terms such as "people," "pregnant people," and "birthing persons" when not specific to regulatory statute.

# **Definitions and Acronyms**

- Advanced Practice Registered Nurses (APRNs)—also called Advanced Practice Nurses (APNs). Individuals who have been issued a license for an expanded scope of practice in nursing by a licensing board in the state where they practice. APRNs are licensed nurses with post-graduate education and training in nursing. There are four types of APRNs. These include nurse practitioners, certified nurse midwives, certified registered nurse anesthetists and clinical nurse specialists.
- Certified Midwife (CM)—CMs are educated in graduate-level midwifery programs accredited by the Accreditation Commission for Midwifery Education (ACME). CMs pass a national certification exam administered by the American Midwifery Certification Board (AMCB) to receive the professional designation of CM.
- Certified Nurse Midwife (CNM)—CNMs are educated in graduate-level midwifery programs accredited by the Accreditation Commission for Midwifery Education (ACME). CNMs pass a national certification exam administered by the American Midwifery Certification Board (AMCB) to receive the professional designation of CNM (if they have an active registered nurse [RN] credential at the time of the certification exam).
- Certified Professional Midwife (CPM)—CPMs meet the standards for certification set by the North American Registry of Midwives (NARM). There are multiple pathways to certification, including graduation from an education program accredited by the Midwifery Education Accreditation Council (MEAC) or the Accreditation Commission for Midwifery Education (ACME), completion of the Portfolio Evaluation Process, or holding current legal recognition to practice.
- · Licensed Midwife—Individual who has been issued a license to practice midwifery by a licensing board in the state where they practice.
- Midwife—a person who has successfully completed a midwifery education program based on the ICM Essential Competencies for Midwifery Practice and the framework of the ICM Global Standards for Midwifery Education, recognized in the country where it is located; who has acquired the requisite qualifications to be registered and/or legally licensed to practice midwifery and use the title 'midwife,' and who demonstrates competency in the practice of midwifery.
- Maternal & perinatal health—Refers to an individual's health and well-being before, during, and after pregnancy and encompasses aspects of physical, mental, emotional, and social health. This term can also be applied collectively to the health of the population of people that experience pregnancy as well as infants, during the perinatal period.
- **Perinatal period**—The period beginning with pregnancy up to one year following birth.
- Sexual and reproductive health—A state of physical, emotional, mental, and social wellbeing in relation to all aspects of sexuality and reproduction, not merely the absence of disease, dysfunction, or infirmity. Therefore, a positive approach to sexuality and reproduction should recognize the part played by pleasurable sexual relationships, trust, and communication in the promotion of self-esteem and overall wellbeing. All individuals have a right to make decisions governing their bodies and to access services that support that right. Achievement of sexual and reproductive health relies on the realization of sexual and reproductive rights, which are based on the human rights of all individuals. To read the full definition please visit the Guttmacher-**Lancet Commission report** on sexual and reproductive health.

Please respond to the following items at the **parent organizational level** for **only the Medicaid product** 

1.	For	any of your Medicaid contracts, is your health plan at risk for maternal/perinatal health services?
		Yes
		Yes, but only specific services including:
		No
<i> f</i>	es, ¡	proceed to question 2. If no, skip to section H.
2.		ny of your Medicaid markets, does your health plan contract with any of the following provider es of providers for maternal/perinatal heath care? <i>Check all that apply</i> .
		Nurse practitioners
		Certified nurse midwives
		Certified professional midwives
		Certified midwives
		Licensed midwives
		None of the above. Please explain why:
		None
		Other, specify:
3.		ny of your Medicaid markets, please identify the provider settings that your health plan contracts to provide your members with maternal and perinatal health care. <i>Check all that apply</i> .
		Freestanding family planning providers
		Planned Parenthood health centers
		Freestanding birth centers
		Telehealth platforms
		Federally Qualified Health Centers
		None
		Other, specify:

4.	Across all of your Medicaid markets, which of the following ancillary services are covered benefits for pregnant members? <i>Check all that apply</i> .	or
	Nutritional counseling	
	Support from a community health worker	
	Support from a social worker and/or nurse case manager	
	Physical therapy	
	Acupuncture	
	Childbirth education	
	Breastfeeding or chestfeeding education	
	Support from a doula	
	Group prenatal care (e.g., CenteringPregnancy)	
	Lactation counseling (e.g., postpartum services provided by a lactation consultant)	
	Comprehensive dental care	
	Services through telehealth. Please briefly describe:	
	None	
	Other, specify:	
5.	In any Medicaid market, does your health plan have a way to identify pregnant members during the first trimester?	ž
	Yes	
	No	
If :	No  yes, proceed to question 5a. If no, skip to question 6.	
	yes, proceed to question 5a. If no, skip to question 6.	
	yes, proceed to question 5a. If no, skip to question 6.  If yes, how do you identify who is pregnant? Check all that apply.	
	yes, proceed to question 5a. If no, skip to question 6.  If yes, how do you identify who is pregnant? Check all that apply.  Health information exchange	
	yes, proceed to question 5a. If no, skip to question 6.  If yes, how do you identify who is pregnant? Check all that apply.  Health information exchange  Members self-identify through case managers or member services	

6.	In any of your markets, please identify the provider types or settings where increased Medicaid reimbursement rates would further address the maternal and perinatal health needs of members. <i>Check all that apply</i> .
	Certified professional midwives
	Certified midwives
	Licensed midwives
	Certified nurse midwives
	Doulas
	Freestanding birth centers
	Perinatal community health workers
	Community health workers
	Perinatal nutritionist
	Behavioral health providers
	None
	Other, specify:

7.	In any of your markets, please identify how state Medicaid agencies could further assist health plans in addressing the maternal/perinatal health needs of members. <i>Check all that apply</i> .
	Improve data sharing between state and MCOs
	Improve quality of data sharing between state and MCOs
	Improve data sharing between government agencies (e.g., child welfare system, justice system) and MCOs
	Improve data sharing between MCOs and CBOs
	Improve data sharing between MCOs and provider groups
	Increase resources to support facilitation of partnerships
	Facilitate contracting with CBOs
	Establish equitable and sustainable payment levels for doulas
	Establish equitable and sustainable payment levels for midwives
	Establish sustainable payment levels for perinatal physicians
	Establish sustainable payment levels for behavioral health providers
	Establish equitable and sustainable payment levels for births in freestanding birth centers
	Remove regulatory burdens and obstacles for midwives to practice at the top of their license
	Remove regulatory burdens and obstacles for freestanding birth centers
	Remove regulatory burdens and obstacles for home births
	Remove coverage restrictions for reproductive health care
	Streamline provider enrollment and credentialling processes
	States cannot provide further assistance
	Other, specify:
8.	For all of your Medicaid markets, please describe the barriers your health plan experiences specific to providing doulas as a covered benefit for members.
9.	For all of your Medicaid markets, please describe the barriers your health plan experiences specific to mid providing midwives as a covered benefit for members.

to providing freestanding birth	h centers as a covered benefit for members.
	ets, please describe the barriers your health plan experiences specific tal mental health services as a covered benefit for members.
	plan have any innovative initiatives or best practices specific to ? If yes, please briefly describe.
Whom can we contact for mor	re information?
	Title:
Name:	
Name: Email:	Phone:
Email:  3. OPTIONAL: Did we miss anyth	Phone:  ning? Please share any information that might help us understand he rnal and perinatal health services and any issues that are encountered

Proceed to the next page to complete section H.

# Section H. Sexual and Reproductive Health

The Institute for Medicaid Innovation recognizes that transgender and nonbinary people become pregnant or seek sexual and reproductive health care services. In response, IMI is committed to creating resources that are gender inclusive and affirming, limiting gendered language and only using such terms when specified in Medicaid requirements, statutes, policies, research publications, and database variable names. As such, IMI's resources use both gender inclusive and affirming terms but also gender-specific terms like "women/woman" and "maternal."

#### **Definitions and Acronyms**

- **CBO**—Community-based organization.
- Gender affirming care—"Health care that is specific to the needs of people who identify as transgender or nonbinary. Trans and nonbinary people have health care needs related to their transition. This can include hormone therapy, gender affirmation surgery, referrals, resources, and support groups. Gender affirming care is sometimes called trans/nonbinary care."
- Gender identity—"A person's inner experience of their gender. Some gender identities include genderqueer, man, woman, nonbinary, and many more."
- LGBTQ+—Lesbian, gay, bisexual, transgender, and queer and/or questioning; the + is intended to include people with additional identities, such as asexual, intersex, nonbinary, and more. This common acronym is used to describe people who have non-heterosexual and/or non-cisgender identities.
- MCO—Managed care organization.
- · Reproductive justice—"The human right to maintain personal bodily autonomy, have children, not have children, and parent the children [one has] in safe and sustainable communities."
- SDOH—Social determinants of health, also referred to as "social influencers of health." Environmental conditions into which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functional, and quality-of-life outcomes and risks (e.g., housing, food, and public safety).
- Sexual and reproductive health—A state of physical, emotional, mental, and social wellbeing in relation to all aspects of sexuality and reproduction, not merely the absence of disease, dysfunction, or infirmity. Therefore, a positive approach to sexuality and reproduction shouldrecognize the part played by pleasurable sexual relationships, trust, and communication in the promotion of self-esteem and overall wellbeing. All individuals have a right to make decisions governing their bodies and to access services that support that right. Achievement of sexual and reproductive health relies on the realization of sexual and reproductive rights, which are based on the human rights of all individuals. To read the full definition please visit the Guttmacher-**Lancet Commission report** on sexual and reproductive health.
- Sexual orientation—"Identities that describe what gender(s) a person is romantically and/or sexually attracted to. There are many sexual orientations. Some common sexual orientations include gay, lesbian, straight, and bisexual."
- **SOGI**—Sexual orientation and gender identity.

Please respond to the following items at the **parent organizational level** for **only the Medicaid product** 

<ol> <li>Please indicate the barriers that your health plan experiences across any of your Medicaid markets when addressing sexual and reproductive health needs of members. Check all that apply.         <ul> <li>Low or no availability of providers in certain geographical areas</li> <li>Providers lack experience serving individuals with diverse SOGIs</li> <li>State-specific confidentiality laws</li> <li>State-specific restrictions for contraceptive care</li> <li>State-specific restrictions for family planning services</li> <li>State-specific restrictions for transgender care</li> <li>State-specific restrictions on abortion care</li> <li>None, we do not experience any barriers</li> <li>Other, specify:</li> </ul> </li> <li>In any of your Medicaid markets, please identify the provider settings that your health plan contracts with to provide your members with sexual and reproductive health care. Check all that apply.         <ul> <li>Freestanding family planning providers</li> <li>Planned Parenthood health centers</li> <li>Freestanding birth centers</li> </ul> </li> </ol>
Providers lack experience serving individuals with diverse SOGIs  State-specific confidentiality laws  State-specific restrictions for contraceptive care  State-specific restrictions for family planning services  State-specific restrictions for transgender care  State-specific restrictions on abortion care  None, we do not experience any barriers  Other, specify:  2. In any of your Medicaid markets, please identify the provider settings that your health plan contracts with to provide your members with sexual and reproductive health care. Check all that apply.  Freestanding family planning providers  Planned Parenthood health centers
State-specific confidentiality laws  State-specific restrictions for contraceptive care  State-specific restrictions for family planning services  State-specific restrictions for transgender care  State-specific restrictions on abortion care  None, we do not experience any barriers  Other, specify:  2. In any of your Medicaid markets, please identify the provider settings that your health plan contracts with to provide your members with sexual and reproductive health care. Check all that apply.  Freestanding family planning providers  Planned Parenthood health centers
State-specific restrictions for contraceptive care  State-specific restrictions for family planning services  State-specific restrictions for transgender care  State-specific restrictions on abortion care  None, we do not experience any barriers  Other, specify:  2. In any of your Medicaid markets, please identify the provider settings that your health plan contracts with to provide your members with sexual and reproductive health care. Check all that apply.  Freestanding family planning providers  Planned Parenthood health centers
State-specific restrictions for family planning services  State-specific restrictions for transgender care  State-specific restrictions on abortion care  None, we do not experience any barriers  Other, specify:  2. In any of your Medicaid markets, please identify the provider settings that your health plan contracts with to provide your members with sexual and reproductive health care. Check all that apply.  Freestanding family planning providers  Planned Parenthood health centers
State-specific restrictions for transgender care  State-specific restrictions on abortion care  None, we do not experience any barriers  Other, specify:  2. In any of your Medicaid markets, please identify the provider settings that your health plan contracts with to provide your members with sexual and reproductive health care. Check all that apply.  Freestanding family planning providers  Planned Parenthood health centers
State-specific restrictions on abortion care  None, we do not experience any barriers  Other, specify:  2. In any of your Medicaid markets, please identify the provider settings that your health plan contracts with to provide your members with sexual and reproductive health care. Check all that apply.  Freestanding family planning providers  Planned Parenthood health centers
None, we do not experience any barriers  Other, specify:  In any of your Medicaid markets, please identify the provider settings that your health plan contracts with to provide your members with sexual and reproductive health care. Check all that apply.  Freestanding family planning providers  Planned Parenthood health centers
Other, specify:  2. In any of your Medicaid markets, please identify the provider settings that your health plan contracts with to provide your members with sexual and reproductive health care. <i>Check all that apply</i> .  Freestanding family planning providers  Planned Parenthood health centers
<ol> <li>In any of your Medicaid markets, please identify the provider settings that your health plan contracts with to provide your members with sexual and reproductive health care. Check all that apply.         Freestanding family planning providers         Planned Parenthood health centers     </li> </ol>
with to provide your members with sexual and reproductive health care. <i>Check all that apply</i> .  Freestanding family planning providers  Planned Parenthood health centers
Planned Parenthood health centers
Freestanding birth centers
Telehealth platforms
None
Other, specify:
3. For all of your Medicaid markets, please identify which of the following data points you are tracking related to sexual and reproductive health care?
Number of providers who provide gender affirming care
Number of providers who have LGBTQ+ competency training
Number of alternative birth centers (e.g., non-hospital)
Grievances from members who indicate not being able to access gender affirming care
Grievances from members who indicate not being able to access LGBTQ+ competent care
Grievances from members who indicate not being able to access an alternative birth center
Grievances related to abortion access
None
Other, specify:

4.	Please indicate how state Medicaid agencies could further assist health plans in addressing the sexual and reproductive health needs of members. <i>Check all that apply</i> .
	Improve data sharing between state and health plans
	Improve quality of data shared between state and health plans
	Improve data sharing between government agencies (e.g., child welfare system, justice system) and health plans
	Improve data sharing between health plans and CBOs
	Improve data sharing between health plans and provider groups
	Increase technical assistance resources
	Increase resources to support facilitation of partnerships
	Facilitate contracting with CBOs
	Remove coverage restrictions for reproductive health care
	Advocate against legislation that restricts access to abortion
	Advocate against legislation that restricts access to gender affirming care
	Monitor network adequacy specific to related group of services (e.g., measure network adequacy of reproductive health care providers)
	States cannot provide further assistance
	Other, specify:
5.	Across all of your Medicaid markets, what contraceptive quality measures are your health plan monitoring? <i>Check all that apply</i> .
	Contraceptive care—most and moderately effective methods
	Contraceptive care—access to long-acting reversible contraception
	Contraceptive care—postpartum most and moderately effective methods

Contraceptive care—postpartum most access to long-acting reversible contraception

Person-centered contraceptive counseling measures

None

Other, specify:

6. For all of your Medicaid markets, does your health plan provide coverage for treatment of perimenopause-and menopause-related symptoms?

Yes

No, but considering

No, and not considering

No, it is not permitted by state agencies

7.	Please indicate the barriers that your health plan experiences across any of your Medicaid markets related to sexual orientation & gender identity (SOGI) data. <i>Check all that apply</i> .
	Software the health plan uses does not maintain or display SOGI data
	Response options on forms are not comprehensive or inclusive of all identities
	Members express concern with sharing SOGI data
	Health plan receives incomplete SOGI data from state data files
	Health plans staff express concern with collecting SOGI data
	Medicaid enrollment forms do not collect SOGI data
	We do not experience any barriers
	Other, specify:
8.	For all of your Medicaid markets, what are your health plan's data sources for members' gender identity? <i>Check all that apply</i> .
	State Medicaid enrollment files
	Imputed from other data sources
	Members' self-report collected by the health plan
	Data feed from provider organizations or state health information exchange
	We do not receive this data from any source
	Our health plan's data system does not currently record gender identity separate from sex
	Other, specify:
9.	For all of your Medicaid markets, what are your health plan's data sources for members' sexual orientation? <i>Check all that apply</i> .
	State Medicaid enrollment files
	Imputed from other data sources
	Members' self-report collected by the health plan
	Data feed from provider organizations or state health information exchange
	We do not receive this data from any source
	Our health plan's data system does not currently record sexual orientation
	Other, specify:

10.	Across all of your Medicaid markets, does your member data include any of the following S options below?	SOGI	
		Yes	No
	Gender identity options are only male or female		
	Gender identity options include nonbinary, male, and female		
	Gender identity reported separately from sex		
	Sexual orientation		
11.	In any Medicaid market, which gender affirming services does your health plan cover for to youth and/or adults? <i>Check all that apply</i> .	ansge	ender
	Adult medical care (e.g., hormone therapy)		
	Adult surgery		
	Adult behavioral health (e.g., treatment for gender dysphoria or incongruence)		
	Adult mental health assessments needed for access to gender affirming services		
	Youth medical care (e.g., hormone therapy)		
	Youth surgery		
	Youth behavioral health (e.g., treatment for gender dysphoria or incongruence)		
	Youth mental health assessments needed for access to gender affirming services		

It is not permitted by state agencies

None

12. Please identify how state Medicaid agencies could further assist health plans in addressing the gender affirming health care needs of members. Check all that apply.

Facilitate contracting with non-traditional medical practices (e.g., electrolysis providers, laser therapy) to increase access to services

Facilitate SOGI data sharing between health plans and providers

Require or allow health plans to cover gender affirming health care

Advocate against legislation that restricts access to gender affirming care

Develop standards for health plans to collect data on SOGI

Monitor network adequacy specific to related group of services (e.g., measure network adequacy of gender affirming health care providers)

Establish guidelines and certification process for qualified providers

Provide gender affirming care education for health care providers

Provide gender affirming care education for health plans

Partner with other existing CBOs and governmental entities to develop gender affirming best practices for Medicaid operations

States cannot provide assistance

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Other,	cna	CIT\/
Ouiei,	שטכי	CIIV.

13. Please indicate the barriers that your health plan experiences across any of your Medicaid markets related to abortion health care needs of members. *Check all that apply*.

Not an allowable or covered benefit by state

Lack of clarity around state policies

Lack of providers in geographic areas

Provider confusion around state policies

Providers no longer providing care due to fear of losing medical license

Long wait time for members

Wait time restrictions

Age restrictions on consenting for abortion health care services

Restrictions on when abortion health care services can be provided

None

her,		

Across all of your markets, under what conditions does your health plan cover fertility services?  Check all that apply.
Not covered
Covered for all members
Only fertility preservation services are covered for those undergoing medical treatments that can cause infertility
Covered under limited circumstances. Please explain:
Across all of your markets, what challenges does your health plan face in providing fertility preservation services? <i>Check all that apply</i> .
The service is not covered by some states
Availability of providers
Political environment in certain state(s)
Qualifying conditions are narrowly defined
No challenges exist
Other, specify:
For all of your Medicaid markets, please describe how state abortion policies have impacted your provider networks.
Please describe any actions your health plan is taking or is planning to take to advance reproductive ustice.
Please identify how state Medicaid agencies could assist health plans in advancing reproductive ustice.

Whom can we contact for	nore information?	
Name:	Title:	
Email:	Phone:	
	nything? Please share any information that might help us ur	nderstand

Proceed to the next page to complete section I.

# Section I. Child and Adolescent Health

#### **Definitions and Acronyms**

- **CBO**—Community-based organization.
- MCO—Managed care organization.
- SDOH—Social determinants of health, also referred to as "social influencers of health." Environmental conditions into which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functional, and quality-of-life outcomes and risks (e.g., housing, food, and public safety).

Please respond to the following items at the **parent organizational level** for **only the Medicaid product** line.

1.	Across any of your Medicaid markets, does your health plan offer specific programs to address
	children's health?

Yes

No

If yes, proceed to question 2. If no, skip to section J.

2.	Please indicate which of the following barriers your health plan encounters in any Medicaid market when serving children. <i>Check all that apply</i> .
	Identifying and coordinating with schools (e.g., unable to get documentation of care provided at schools)
	Engaging family members who are not enrolled in the health plan
	Engaging family members to address SDOH
	State policies
	Federal policies
	Program fragmentation
	Language barriers
	Churn (member or eligibility related)
	Inability to find needed health care providers or beds
	Coordinating with departments of child services or departments of juvenile justice for children engaged with child welfare or juvenile justice systems
	Barriers related to child welfare system
	Immigration status of parents or caregivers
	Families express lack of transportation to health care location
	Families express inability to access telehealth
	Other unmet social needs expressed by families
	Carved-out benefits
	None
	Other, specify:
3.	Across all of your Medicaid markets, please indicate the barriers, if any, that your health plan encounters or anticipates encountering when implementing requirements to provide targeted case management and screening and diagnostic services for incarcerated children and youth post-adjudication, in accordance with new federal requirements. <i>Check all that apply</i> .
	Establishing relationships with juvenile and adult justice systems
	Establishing secure data systems with juvenile and adult justice systems
	Lack of providers available to perform the required services
	Navigating data privacy with new providers and institutions
	Implementing suspension rather than termination requirements
	None
	Other, specify:

4. In any Medicaid market, does your health plan cover child and adolescent comprehensive obesity treatment inclusive of intensive behavioral interventions, pharmacology, metabolic, and bariatric surgery?

Yes

No, but considering

No, and not considering

No, it is not permitted by state agency

5. In any Medicaid market, please indicate which of the following barriers your health plan encounters when providing obesity treatment for children and adolescents. Check all that apply.

Lack of payment structure to allow for coordination of treatment among different providers

Lack of policies or structure that support coverage of pediatric dieticians

Lack of coverage for obesity medication-based treatment options

Lack of ancillary services such as nutritionists

Lack of specialty care providers

State policies

Federal policies

Program fragmentation

Carved-out benefits

Lack of screening and support for families with food and nutrition insecurity

Lack of coverage for school physical activities

Families express barriers accessing treatment (e.g., transportation, childcare, work schedules)

We do not experience any barriers

6.		lease identify how state Medicaid agencies could further assist health plans dolescent health. <i>Check all that apply</i> .
	Improve data sharin	g between state and health plans
	Improve quality of d	ata shared between state and health plans
	Improve data sharin system) and health p	g between government agencies (e.g., child welfare system, criminal justice blans
	Improve data sharin	g between health plans and CBOs
	Improve data sharin	g between health plans and provider groups
	Increase technical as	ssistance resources
	Increase resources t	o support facilitation of partnerships
	Facilitate contracting	g with CBOs
	Streamline data sha	ring between providers and CBOs
	Champion policies to	o facilitate data sharing between payers and providers
	Provide better educa adolescent health in	ation for providers on state and health plan expectations for child and itiatives
	Carve in school-base	ed services to managed care
	States cannot provid	e further assistance
	Other, specify:	
7.	•	alth plan have any innovative initiatives or best practices specific to child fyes, please briefly describe.
	Whom can we contact for	more information?
	Name:	Title:
	Email:	Phone:
8.		anything? Please share any information that might help us understand how hild and adolescent health services and any issues that are encountered.

Proceed to the next page to complete section J.

# Section J. Managed Long-Term Services and Supports

#### **Definitions and Acronyms**

- ADL—Activities of daily living.
- **CBO**—Community-based organization.
- IADL—Independent activities of daily living.
- **MCO**—Managed care organization.
- **MLTSS**—Managed long-term services and supports

Please respond to the following items at the **parent organizational level** for **only the Medicaid product** line.

1. For any of your Medicaid contracts, are you currently at risk for MLTSS?

Yes

No

If yes, proceed to question 2. If no, skip to section K.

2. Across all of your Medicaid markets, identify the barriers that affect your health plan's ability to manage MLTSS. Check all that apply.

Fragmented Medicaid benefit design—behavioral health and/or physical health benefits—limits ability to serve the whole individual

Medicare and Medicaid misalignment creates challenges and financial disincentives

State requirements for health plans to contract with specific organizations or providers for care coordination

Restrictions to in-person assessments and care delivery due to COVID-19

Challenges related to the direct-care workforce (e.g., lack of staff, turnover, training, and qualification challenges)

State program requirements that limit the effectiveness of managed care strategies (e.g., anywilling-provider provisions, continuity-of-care provisions)

Waiver waitlists

Institutional level-of-care requirements that do not align with state goals (e.g., ADL or IADL requirements that are too low or too high to support appropriate utilization)

Churn (member or eligibility related)

Operationalizing electronic visit verification requirements

None

3. Across all of your markets, what barriers, if any, does your health plan currently encounter when supporting transitions into the home? Check all that apply.

> Hospital to home

Nursing facility to home

Data exchange

Housing availability

Availability of caregivers

Availability of in-home support

Coordination of community services in advance of transition

Continuity of services

Availability of respite care

Availability of hospice

Awareness and availability of resources to support caregivers

- 4. In any of your markets, please identify how state Medicaid agencies could further assist health plans in addressing MLTSS. Check all that apply.
  - Improve data sharing between state and health plans
  - Improve quality of data shared between state and health plans
  - Improve data sharing between government agencies (e.g., office on aging, child welfare system, criminal justice system) and health plans
  - Improve data sharing between health plans and CBOs
  - Improve data sharing between health plans and provider groups
  - Increase technical assistance resources
  - Increase resources to support facilitation of partnerships
  - Facilitate contracting with CBOs
  - Streamline data sharing between providers and CBOs
  - Address backlogged waiver approval processes
  - Implement policies to increase long-term-care and direct-care workforce
  - Facilitate alignment of Medicare and Medicaid requirements
  - Allow reimbursement for paid family caregivers
  - States cannot provide further assistance
  - Other, specify:

If yes, please briefly describe.			
Whom can we contact for mo	ore information?		
Name:	Title:		
Email:	Phone:		
		•	
	Whom can we contact for mo	Whom can we contact for more information?  Name: Title:	

Proceed to the next page to complete section K.

#### Section K. Social Determinants of Health

#### **Definitions and Acronyms**

- **CBO**—Community-based organization.
- MCO—Managed care organization.
- SDOH—Social determinants of health, also referred to as "social influencers of health." Environmental conditions into which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functional, and quality-of-life outcomes and risks (e.g., housing, food, and public safety).

Please respond to the following items at the **parent organizational level** for **only the Medicaid product** line.

1. In any of your Medicaid markets, for which populations listed do you offer specific SDOH programs? Check all that apply.

People with justice system involvement

People living with HIV/AIDS

Pregnant and postpartum individuals

Foster care youth or youth transitioning to adulthood

People experiencing homelessness or housing insecurity

Adults with a substance use disorder

Adults transitioning from institutions (e.g., nursing homes, assisted living facilities, rehabilitation)

Child welfare- or child protective services-involved families

Adults with disabilities (e.g., physical, intellectual, developmental)

Aged, blind, and disabled

**Expansion members** 

Adults with serious mental illness

Medicare and Medicaid enrollees (dual eligible)

People with limited English proficiency

Children or adolescents with behavioral health diagnoses (mental health or substance use)

Children with disabilities

Long-term services and supports population

We do not have SDOH programs for specific populations

# 2. In any of your Medicaid markets, what SDOH screening tools does your health plan currently use? Check all that apply.

American Community Survey data

The EveryOne Project: Advancing Health Equity in Every Community Toolkit by American Academy of Family Physicians

Protocol for Responding to and Assessing Patient Assets, Risks and Experiences (PRAPARE)

Social Needs Screening Toolkit, HealthLeads USA

Social Determinants Screening Tool, AccessHealth Spartanburg, Center for Health Care Strategies version

Self-Sufficiency Outcomes Matrix, OneCare Vermont, Center for Health Care Strategies version

Arizona Self-Sufficiency Matrix

Vulnerability Index—Service Prioritization Decision Assistance Tool (VISPDAT)

Centers for Medicare & Medicaid Services Accountable Health Communities Health-Related Social **Needs Screening Tool** 

Tools embedded in provider electronic health record

Adaptation of one or more of the tools listed above

Internally developed tool that is not based on one of the tools listed above

State-mandated tool, list states:

We do not use SDOH screening tools

Other, specify:

# 3. In any of your Medicaid markets, in what ways do states support your health plan's SDOH initiatives for members? Check all that apply.

Provide administrative assistance (e.g., staff resources)

Provide tools and support for data analysis

Allow or improve data sharing

Provide financial support

Provide screening tools

Make policy or regulatory changes to support SDOH initiatives

Submit and receive approval for a Medicaid waiver that included support of SDOH initiatives

Provide support for cultural and linguistic competency

Engage health plan members by informing them of efforts to address structural racism

Provide payments for SDOH services in plan capitation

States do not support SDOH initiatives

4.	In any of your Medicaid markets, which metrics are currently used to assess and evaluate SDOH initiatives? <i>Check all that apply</i> .
	Cost utilization
	Cost savings
	Performance measures
	Access to care
	Market capacity
	Return on investment
	Percentage of eligible population impacted by services offered
	No performance metrics are used
	Other, specify:
5.	In any of your markets, please identify how state Medicaid agencies could further assist health plans in addressing the SDOH needs of Medicaid members. <i>Check all that apply</i> .
	Improve data sharing between state and health plans
	Improve data sharing between government agencies (e.g., child welfare system, criminal justice system) and health plans
	Improve data sharing between health plans and CBOs
	Improve data sharing between health plans and provider groups
	Increase financial resources from state to health plans
	Increase technical assistance resources
	Increase resources to support capitated payments models, pay-for-performance, and risk programs with providers
	Increase resources to support facilitation of partnerships
	Facilitate contracting with CBOs
	Standardize 834 enrollment file to include social needs information
	Purchase tools and resources that require a license and provide access to all health plans
	Increase financial resources for CBOs
	States cannot provide any further assistance
	Other, specify:

	state req	uirements? Check all that apply.	
	Hou	using instability	
	Foo	od insecurity	
	Trar	nsportation problems	
	Utili	ity help needs	
	Fina	ancial strain	
	Emp	ployment	
	Fam	nily and community support	
	Edu	ıcation	
	Phy	rsical activity	
	Acce	ess to substance use services	
	Acce	ess to mental health services	
	Acce	ess to disability supports	
	Nor	ne	
	Oth	er, specify:	
6a		l of your markets, please list the challenges a ing SDOH services? Please explain:	nd barriers, if any, that have you encountered
7.		AL: Does your health plan have any innovative ease briefly describe.	e initiatives or best practices specific to SDOH?
	Whom ca	an we contact for more information?	
	Name:	Ti	tle:
	Email:	P	none:

6. Across all of your markets, what additional SDOH services does your health plan provide beyond the

8.	OPTIONAL: Did we miss anything? Please share any information that might help us understand how Medicaid MCOs assist in addressing SDOH needs for members and any issues that are encountered.

Proceed to the next page to complete section L.

# Section L. Health Equity

At the Institute for Medicaid Innovation, we recognize and respect that individuals have a range of racial and ethnic identities and do not always identify with or prefer the language of the categories used by state and federal Medicaid regulatory statute. In recognition of the diversity of identities, this survey tool reflects terms used by state and federal Medicaid regulatory statutes including American Indian or Alaska Native, Asian, Black or African American, Hispanic or Latino, Native Hawaiian or Other Pacific Islander, white, and Other as well as other terms such as "people of color," "Indigenous," and "Black, Indigenous, and people of color (BIPOC)" to be responsive to the range of identities.

# **Definitions and Acronyms**

- **CAHPS**—Consumer Assessment of Healthcare Providers and Systems.
- **CBO**—Community-based organization.
- CG-CAHPS—"The CAHPS Clinician & Group Survey ... asks patients to report their experiences with providers and staff in primary care and specialty care settings."
- Discrimination—"The unfair or prejudicial treatment of people and groups based on characteristics such as race, gender, age, or sexual orientation."
- Health disparities—Health and health care disparities refer to differences in health and health care between groups that stem from broader social and economic inequities. Health disparities include differences in health outcomes, such as life expectancy, mortality, health status, and prevalence of health conditions. Health care disparities include differences between groups in measures such as health insurance coverage, affordability, access to and use of care, and quality of care.
- Health equity—"Everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care."
- Health equity accountability measures—Provider-level performance measures linked to provider accountability for advancing health equity and reducing disparities.
- Health equity plan—An action-oriented, results-driven approach for advancing health equity by removing barriers and improving access to and the quality of care provided to minoritized and other underserved demographic groups.
- **Health inequities**—"Differences in health status or in the distribution of health resources between different population groups, arising from the social conditions in which people are born, grow, live, work and age. Health inequities are unfair" and can be reduced by institutional and government policies and public or private collaborations.
- HEDIS—Healthcare Effectiveness Data and Information Set. HEDIS includes more than 90 measures of quality and effectiveness of care used in quality improvement.
- LGBTQ+—Lesbian, gay, bisexual, transgender, and queer and/or questioning; the + is intended to include people with additional identities, such as asexual, intersex, nonbinary, and more. This common acronym is used to describe people who have non-heterosexual and/or non-cisgender identities.
- MCO—Managed care organization.
- NCQA—National Committee for Quality Assurance.

- Racial equity—"Just and fair inclusion into a society in which all people," regardless of their race or ethnicity, "can participate, prosper, and reach their full potential."
- Racism—"Prejudice plus power ... [that] leads to different consequences for different groups."
- Structural racism—"A system in which public policies, institutional practices, cultural representations, and other norms work in various, often reinforcing ways to perpetuate racial group inequity. It identifies dimensions of our history and culture that have allowed privileges associated with 'whiteness' and disadvantages associated with 'color' to endure and adapt over time. Structural racism is not something that a few people or institutions choose to practice." Instead, it is a result of "the social, economic and political systems in which we all exist."

Please respond to the following items at the **parent organizational level** for **only the Medicaid product** line.

1. Across all of your Medicaid markets, for which of the following groups do you currently have a documented health equity plan? *Check all that apply*.

### SPECIFIC MEMBER POPULATIONS

LGBTQ+ individuals

Pregnant and postpartum individuals
Individuals with chronic illness
Individuals living with a disability
Black or African American individuals
Indigenous individuals
Hispanic, Latinx, or Latine individuals
Asian or Pacific Islander individuals
Refugees
Immigrants

Individuals with justice involvement

Individuals with limited English proficiency

None Other, specify:

# PROVIDER GROUPS Reproductive health providers Behavioral health providers Substance use disorder providers Primary care providers Federally qualified health centers Rural health centers School-based clinics None Other, specify: **OTHER GROUPS** Health plan internal staff Community-based partnerships None Other, specify: 2. Across all of your Medicaid markets, with which type of providers does your health plan currently have health equity accountability measures in contracts? Check all that apply. Pediatric primary care providers Adult primary care providers Hospitals

Specialty care providers

None

Other, specify:

Reproductive health providers

3. Across all of your Medicaid markets, what action is your health plan taking, if anything, to address the impacts of structural racism? Check all that apply. Formal workgroup or committee that focuses on addressing the impact of structural racism externally (e.g., members) Organization messaging internally acknowledging the impact of structural racism Organization messaging externally acknowledging the impact of structural racism Required trainings for internal staff to identify and address the impact of structural racism Required trainings for providers to identify and address the impact of structural racism Required trainings for external contractors or vendors to identify and address the impact of structural racism Collaboration with CBOs related to social investments or advancing racial equity Review of existing policies and programs to identify if they perpetuate racial inequities Revisions to existing policies and programs to address the impact of structural racism New policies and programs to address the impact of structural racism Nothing at this time Other, specify: 4. Across all of your Medicaid markets, what action is your health plan taking, if anything, to advance health equity? *Check all that apply*. INTERNAL Establishing a workgroup or committee focused on health equity and internal business operations (e.g., policies, processes) Hiring staff with dedicated health equity portfolio

Setting staff training requirements

Assessing and updating data capture and analytical capabilities

Creating health equity framework or assessment for business functions to apply to all activities

Establishing education and communication platform focused on health equity

Monitoring health equity metrics along with other clinical or quality indicators

Developing products with a specific focus on advancing health equity

Focusing on achieving health equity by addressing SDOH

None

#### EXTERNAL

Establishing a workgroup or committee focused on health equity and external actions (e.g., partnerships, investments)

Establishing a workgroup or committee composed of members to engage in decision-making

Setting provider expectations (e.g., detect and correct bias, implement culturally and linguistically appropriate services, incentives to implement quality improvement)

Implementing performance improvement projects to reduce disparities and with an equity focus

Targeting investments in communities to reduce disparities and with an equity focus

Prioritizing working with vendors who align with health plan's health equity plan

None

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United.	specify:
<b>-</b> ,	JP J -

5. Across all of your Medicaid markets, what challenges are you encountering when integrating publicly available data sources (e.g., American Community Survey, social vulnerability index) into your operations to address disparities? Check all that apply.

Data received were incomplete and/or inconsistent

The data available do not meet our needs

We were unable to access the data

We did not have the analytic capabilities to use the data

We do not know what data are available

Level of granularity needed is not available in public data sources

We do not experience any challenges

Ot	her,	spec	city:

6. Across all of your Medicaid markets, are you integrating publicly available data sources into your operations to address disparities (e.g., American Community Survey, social vulnerability index)?

Yes

No

If yes, proceed to question 6a. If no, skip to question 7.

6a.	yes, for what purposes are you using the data? <i>Check all that apply</i> .	
	Proxy for members' risk	
	Modeling population risk	
	Identifying communities experiencing inequities	
	Incorporation into risk algorithms	
	Other, specify:	
7.	n the last 12 months, for any of your Medicaid markets, have you evaluated any clinical algorithm olicies (e.g., clinical, utilization management), or risk prediction models for bias?	ıs,
	Yes	
	No	
lf y	s, proceed to question 7a. If no, skip to question 8.	
7a.	yes, has the health plan changed or abandoned those algorithms, policies, or models if bias was iscovered?	1
	Yes, we have changed algorithms, policies, or models	
	Yes, we have abandoned algorithms, policies, or models	
	We continue using the same algorithms, policies, or models. Please explain why:	
	We continue using the same algorithms, policies, or models. Please explain why:  Other, specify:	
8.		on
8.	Other, specify:  cross any of your Medicaid markets, does your health plan have NCQA Health Equity Accreditation	on
8.	Other, specify:  cross any of your Medicaid markets, does your health plan have NCQA Health Equity Accreditations;	on
8.	Other, specify:  Across any of your Medicaid markets, does your health plan have NCQA Health Equity Accreditation tatus?  Yes	
	Other, specify:  Across any of your Medicaid markets, does your health plan have NCQA Health Equity Accreditation tatus?  Yes  No, but planning to pursue	on
	Other, specify:  Across any of your Medicaid markets, does your health plan have NCQA Health Equity Accreditation tatus?  Yes  No, but planning to pursue  No, and no plans to pursue	
<i>lf</i> y	Other, specify:  Across any of your Medicaid markets, does your health plan have NCQA Health Equity Accreditation tatus?  Yes  No, but planning to pursue  No, and no plans to pursue  s, proceed to question 9. If no, skip to question 10.  or multistate health plans, what proportion of your individual Medicaid markets have NCQA Health Equity Accreditation tatus?	
<i>lf</i> y	Other, specify:  Across any of your Medicaid markets, does your health plan have NCQA Health Equity Accreditation tatus?  Yes  No, but planning to pursue  No, and no plans to pursue  s, proceed to question 9. If no, skip to question 10.  or multistate health plans, what proportion of your individual Medicaid markets have NCQA Headuity Accreditation status?	
<i>lf</i> y	Other, specify:  Across any of your Medicaid markets, does your health plan have NCQA Health Equity Accreditation tatus?  Yes  No, but planning to pursue  No, and no plans to pursue  s, proceed to question 9. If no, skip to question 10.  or multistate health plans, what proportion of your individual Medicaid markets have NCQA Headuity Accreditation status?  Less than 50%	
<i>lf</i> y	Other, specify:  Across any of your Medicaid markets, does your health plan have NCQA Health Equity Accreditation tatus?  Yes  No, but planning to pursue  No, and no plans to pursue  s, proceed to question 9. If no, skip to question 10.  or multistate health plans, what proportion of your individual Medicaid markets have NCQA Headuity Accreditation status?  Less than 50%  50% or more	

10. Across any of your Medicaid markets, does your health plan have NCQA Health Equity Accreditation Plus status?

Yes

No, but planning to pursue

No, and no plans to pursue

If yes, proceed to question 11. If no, skip to question 12.

11. For multistate health plans, what proportion of your local health plans have NCQA Health Equity **Accreditation Plus status?** 

Less than 50%

50% or more

These data are not tracked at the parent level

Not applicable. We are not a multistate health plan

12. Across all of your Medicaid markets, in what ways, if any, does your health plan assess for members' perception of discrimination or unfair treatment experienced with interactions with the health plan and/or provider groups and clinicians? *Check all that apply*.

> Interaction with health plan

Interaction with providers

Question in the CG-CAHPS

Questions on post encounter surveys

We don't assess for it

stra	atified by race and ethnicity?	Check all ti	hat apply.				
	Cost tracking						
	Quality (e.g., HEDIS)						
	Utilization						
	Members' experience or sat	isfaction					
	Grievances						
	Members' health outcomes	(e.g., function	onal status)				
	Members of health care tea	m					
	Provider or network charac	teristics					
	Members' characteristics						
	Members' SDOH needs						
	Health plan staff or leaders	hip					
	Length of coverage or churr	n rate (e.g., l	oss of cover	age followed	l by re-enroll	ment)	
	None of the above. Please	explain why	:				
	Other, specify:						
	ross all of your Medicaid mark d language?	0–25%	ercentage o	<b>f your mem</b> 51–75%	ber data inc More than 75%	Unknown or unable to answer	Not applicable
Ra	ce separate from ethnicity						
Etl	nnicity separate from race						
Ra	ce and ethnicity, if combined						
La	nguage						

13. Across any of your Medicaid markets, in what ways, if any, is your health plan using data that are

15. Across all of your Medicaid markets, what are your health plan's data so ethnicity data? <i>Check all that apply</i> .	urces for men	nber race and
	Race data	Ethnicity data
State Medicaid enrollment files		
Inputted from other data sources		
Members self-reported as collected by the health plan		
Data from provider organizations		
Data from state health information exchange		
We do not receive this data from any source		
Our health plan's data system does not currently record this data		
Other, specify:		
and shared with members? <i>Check all that apply</i> .	Track	Share with members
Race		
Ethnicity		
Sex (e.g., male, female)		
Gender identity (e.g., man, woman, nonbinary)		
Language or languages spoken		
Sexual orientation or sexual identity (e.g., LGBTQ+)		
None		
Other, specify:		

	COLLECTING INFORMATION			
	SHARING INFORMATION			
18.	OPTIONAL: Does your health plan have any innovative initiatives or best practices for addressing health equity? If yes, please briefly describe.			
	Whom can we contact for more	nformation?		
	Name:	Title:		
	Email:	Phone:		

Proceed to the next page to complete section M.

#### Section M. Telehealth

For this survey, the Institute for Medicaid Innovation will use the definition of "telehealth" given in the box below. "Telehealth" and "telemedicine" are terms that some states and organizations use interchangeably, but others define them differently. "Telehealth" usually refers to a wider range of services, while "telemedicine" focuses on clinical care. Some states have specific legal and regulatory definitions for both terms. See the Center for Connected Health Policy for a full list of federal and state definitions.

#### **Definitions and Acronyms**

- Broadband—Internet speeds that meet the Federal Communication Commission's benchmark speeds for advanced telecommunications capability. The current benchmark speed is 25 Mbps download and 3 Mbps upload.
- CBO—Community-based organization.
- eConsult—Asynchronous, consultative, provider-to-provider communications within a shared electronic health record or web-based platform.
- **ED**—Emergency department.
- MCO—Managed care organization.
- Remote care modalities—The inclusive use of synchronous and asynchronous communication, including eConsult, remote patient monitoring, and telehealth.
- RPM—Remote patient monitoring. Uses digital technologies to collect medical and other forms of health data from individuals in one location and electronically transmit that information securely to health care providers in a different location for assessment and recommendations.
- · Store and forward—Electronic transmission of medical information to a practitioner, usually a specialist, who uses the information to evaluate the case or render a service outside of a real time or live interaction.
- **Telehealth**—The use of digital information and communication technologies, such as telephone, computers, and mobile devices, to access health care services remotely.
- 1. Across all of your Medicaid markets, what telehealth and remote care modalities does your health plan currently cover as a billable visit or service provided through a vendor? *Check all that apply*.

Audio-only or telephone

Live text chat

Live video visits

Provider-to-provider eConsult

RPM (e.g., blood pressure monitoring, digital scales, blood glucose monitoring, heart rate, oxygen saturation)

Use of a health portal (e.g., for online appointment scheduling, obtaining test results, and secure messaging with one's provider)

Store and forward (e.g., receiving digital images of a patient's skin condition)

None

2.	Across all of your Medicaid markets, what, if any, barriers does your health plan encounter related to telehealth? <i>Check all that apply</i> .
	PROVIDER BARRIERS
	State telehealth coverage policies influencing provider adoption
	Information technology systems
	Broadband internet access
	Computer or technology literacy
	Lack of technological resources
	Payment parity
	Payment incentives
	Integration into care models
	Provider disinterest
	Lack of interpreter services
	Quality concerns from the provider
	Lack of training on telehealth best practices
	Insufficient internet speed for telehealth
	None
	Other, specify:
	MEMBERS' BARRIERS
	Access to broadband or an internet subscription
	Insufficient internet speed to allow for live telehealth interaction
	Limited data plans or insufficient data or minutes covered by smartphone plans
	Technology or communication devices (i.e., laptop, smartphone)
	Health literacy
	Computer or technology literacy
	Lack of interpreter services
	Lack of awareness of or interest in telehealth as an option for accessing providers
	Quality concerns from the members
	None
	Other, specify:

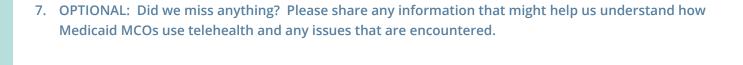
3. Across all of your Medicaid markets, what outcomes does your health plan attribute to telehealth? Check all that apply. Decreased member no-shows Decreased emergency department utilization Decreased urgent care utilization Increased patient access to services Increased primary care utilization Increased behavioral health care utilization Increased member satisfaction Increased provider satisfaction Improved continuity of care Improved patient compliance with care Increased cost savings Increased prescribing Increased fraud or abuse Increased duplication of services

None

4. Across all of your Medicaid markets, is your health plan currently implementing any of the following to create more equitable access to telehealth? Check all that apply. Digital literacy or technology literacy education for members Digital literacy or technology literacy education for providers Digital navigators for members Supplemental payments to members for in-home internet subscriptions Supplemental payments to members for mobile devices or data packages Supporting community hot spots for internet access Supporting community telehealth access points Leveraging or promoting the Federal Communications Commission's Lifeline Program Partnering with telecom companies to offer low-cost internet to members Connecting members to CBOs who support access to technology or devices Connecting members to CBOs who support access to internet services Connecting members to CBOs who support interpretation for needed languages

None

5.	Across all of your markets, what specific changes to state Medicaid policies or requirements could assist health plans to create more equitable telehealth access for Medicaid members? <i>Check all that apply</i> .				
	Reimburse for evidence-based RPM				
	Incentivize for evidence-based RPM				
	Remove restrictions on the type of entity that can be reimbursed for RPM (e.g., limiting reimbursement to home health agencies)  Reimburse for provider-to-provider consultations, including eConsults that leverage asynchronol telehealth modalities (such as store and forward) when a professional medical opinion is sought Reimburse for services that can be delivered appropriately via audio-only, including outpatient evaluation and management services and professional outpatient mental health care				
	Reimburse for translation and interpreting services				
	Allow federally qualified health centers, rural health clinics, Indian Health Service clinics, and community mental health centers to serve as both origination and distant site providers Reimburse non-traditional providers for facilitating telehealth appointments (e.g., Emergency medical service providers facilitating a telehealth visit versus transporting a low-acuity patient to the ED)				
	Remove site restrictions that limit where members can be located during a telehealth visit				
	Enable health plans to support CBOs with telehealth technology to support members' telehealth appointments  Support school-based health services delivered via telehealth, including behavioral health services				
					Enable health plans to create innovative reimbursement models  None
	Other, specify:				
6.	OPTIONAL: Does your health plan have any innovative initiatives or best practices specific to telehealth? If yes, please briefly describe.				
	Whom can we contact for more information?				
	Name: Title:				
	Email: Phone:				



# Thank you for completing the survey.

Please return your completed survey to the Survey Project Team at MCOSurvey@MedicaidInnovation.org by March 14, 2025.

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